



Procedure Checklist

WHAT

To rent a property, you can contact the owner of the property directly or find a property through real estate agencies. Before moving-in you will be required to sign a written contract that typically includes the following information:

- Your personal information, personal information of other tenants over 18 years of age and personal
 - information of the owner of the property
 - Specification of all costs of renting, including tax and utility costs (electricity, water, gas, etc.)
 - Amount of the deposit
 - The duration of renting
 - Rights and responsibilities of the tenant and the owner
-

WHO

Anyone over 18 years of age. You might be asked to show documentation concerning your immigration and employment status.

WHEN

It can take a lot of time to find a suitable accommodation. You should begin your search as soon as possible. You often need to reply to an offer quickly so it's advisable to already be in Munich when beginning your search (if only temporarily/ in a short term let).

STEPS



Step 1: Looking at advertisements in the newspaper or on online portals or at flat-sharing agencies.

Step 2: Contact the landlord/-lady by telephone number or e-mail address.

Step 3: Making an appointment with landlord/-lady for seeing accommodation.

Filling out a

questionnaire with basic information about yourself (name, address, status) and

giving it to the

landlord/-lady.

Step 4: After the landlord/-lady decides to give the accommodation to you have to conclude a tenancy agreement. In addition to the tenancy agreement, you often have to sign a handover record (*Übergabeprotokoll*) when you move into new accommodation. Your signature confirms the condition that the accommodation was in when you moved in. Therefore read through the handover record very carefully. Your landlord could hold you responsible later on for defects that are not noted

in it. Statutory provisions in Germany stipulate that there should be no noise that could disturb neighbours between 10 p.m. and 6 a.m. (*Nachtruhe*). In addition, every apartment building has

house rules (*Hausordnung*). This is a voluntary arrangement to which you agree by signing the tenancy agreement. The house rules specify the rules for all residents of the apartment building. You will receive a copy of the house rules from the caretaker of the building or your landlord. As a tenant of a house or a flat you have specific obligations. For example, you must pay the agreed rent on time. But you also have rights as a tenant, such as if major repair work is needed. If you have questions about tenancy law, the different tenants' associations (*Mieterbund and Mieterverein*) are good contacts. They have offices in many towns which you can approach for advice. However, they sometimes charge a fee for their services.

ATTENTION

The tenancy agreement is an important document. It regulates all the details of the tenancy and is binding on both you and the landlord, on condition that the regulations are permitted under law. You should therefore always read the tenancy agreement very carefully before signing it.

The landlord can demand a deposit as security. He can use this deposit to



pay for repairs if you leave the accommodation in a bad condition when you move out, or use it to settle your rent arrears if you do not pay the rent regularly. The total of the deposit may be the equivalent of three months rent not including utilities (*Kaltmiete*).



Support for groups with special needs

OFFICE FOR HOUSING AND MIGRATION (AMT FÜR WOHNEN UND MIGRATION)

What

It can help you with finding accommodation or arranges accommodation directly. At least the housing officers can supply useful addresses and information.

Where

Infothek (service desk)
Amt für Wohnen und Migration (migration office)
Franziskanerstraße 6-8, 81669 München
T +49 (0)89 233 40105

SOCIAL HOUSING (SOZIALWOHNUNGEN)

What

Social housing in Munich is subsidised by the state to keep rents low. You need a Wohnberechtigungsschein (certificate of eligibility for social housing) in order to qualify for this kind of accommodation. If your income is below a certain threshold, you can apply for the certificate of eligibility for social housing.

Where

Service desk
Amt für Wohnen und Migration (migration office)
Franziskanerstraße 8, 81669 München
E kundencenter-wohnen.soz@muenchen.de
T +49 (0)89 233 96820



HOUSING ASSOCIATION (WOHNUNGSBAUGESELLSCHAFTEN)

What

Housing associations rent publicly subsidized flats and flats in the “Münchner Modell” for households with middle income and families with children. The rents are affordable and lower than at market conditions. Two big housing associations in Munich are GEWOFAG and GWG. You can find more information on the websites of the respective housing association.

Where

The point of contact for housing dwellers is the Amt für Wohnen und Migration (migration office)

E wohnungsamt.soz@muenchen.de

T +49 (0)89 233 40001

HOUSING COOPERATIVES (WOHNUNGSBAU-GENOSSENSCHAFTEN)

What

Housing cooperatives organize housing based on solidarity networks with democratic structures. You need to become a member by handing in a declaration of membership and purchasing shares from the housing cooperative. Then you may be eligible for a flat with a cheap rent.

Where

You can get more information on the websites of the respective housing cooperatives. Two big housing cooperatives in Munich are Wogeno eG www.wogeno.de (in German) and Wagnis eG www.wagnis.org (in German).



List of real estate search sources

ONLINE INFORMATION AND SEARCH ON RENTING

What

newspapers:

Süddeutsche Zeitung <https://immobilienmarkt.sueddeutsche.de>

Online property portals:

www.immobilienscout24.de (German only)

www.immowelt.de (German only)

www.immobilo.de (German only)

REAL ESTATE AGENCIES

What

Agencies that offer information on rental properties and assist with the renting procedure.

Mr. Lodge, P +49 (0) 89 3408230

Engel & Völkers München, P +49 (0) 89 9989960

Graf Immobilien, P +49 (0) 89 66676890

Heinrichs Immobilien, P +49 (0) 89 96194000

Riedel Immobilien, P +49 (0) 89 1594550

Buying a property in Germany: procedure list

WHAT

There are no restrictions to foreigners buying property in Germany. You may buy property in Germany even if you are a non-resident and not an EU national.



However, some big cities might have regulations.

STEPS

Step 1: Investigate mortgages and get an offer in principle. Contact a real estate agency or banks or look at online portals, getting exposes.

Step 2: Funding purchase: deposits and mortgages: You should expect to put down a significant deposit when you buy a home in Germany. A minimum deposit of 20 percent is standard.

Step 3: Making appointments for seeing accommodation, negotiation about price. Make an offer.

Step 4: The notary (Notar) will draw up the sale contract. Finalise the mortgage. Sign the contract. Notary registers the sale. Four weeks later, you must pay the property sale tax.

WHERE

You are legally required to use a public notary (Notar) to complete the sale of a property. The notary will act as a middleman or arbitrator, and should be impartial. The notary will check the records to ensure that there is no reason why the sale cannot go ahead, however they will not inspect the property or demand information on its condition from the seller. They will ensure that all the paperwork is completed correctly. The deed of sale will be witnessed in their presence. You have the opportunity to choose your own notary, and if you can find one who speaks your language, do so.



Real estate agencies

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WHAT

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WO

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Engel & Völkers München, T +49 (0)89 998 9960

Graf Immobilien, T +49 (0)89 6667 6890

Heinrichs Immobilien, T +49 (0)89 9619 4000

Riedel Immobilien, T +49 (0)89 159 4550

Waste management

WHAT

Germany has a waste disposal system. You are required to separate your waste.

WHO

Private household and in public

HOW

3 sorts of wastebins (grey residual waste bin, blue paper bin, brown organic waste bin) and one yellow sack for plastics, public bins for glass (white, green, brown)



and local civic collection points for bulky waste.

WHEN

Waste management comes weekly. Ask for the schedule at Munich's waste management company

<https://www.awm-muenchen.de/english/information-in-english.html> (in English)

GOOD TO KNOW

The best waste is no waste at all. Munich waste management offer several services on the website to help you

<https://www.awm-muenchen.de/english/information-in-english.html> (in English).

WHERE

Wastebins are located in the house you are living. Ask for the place of public bins and local civic collection points at Munich's waste management company.

Assistance for families and children

MATERNITY PROTECTION

What

Maternity allowance is paid usually 6 weeks before delivery and 8 weeks after delivery, by the statutory health insurance and or by the employer. Up to 4 months after delivery there exists a special protection against termination.

Where

Inform your employer and prove the pregnancy with a doctor's certificate



CHILD BENEFIT

What

The child benefit is paid regardless of the parents' income after birth. It is 192 € per month for the first and second child and a bit higher, if you have more children. In some cases you can also apply for child supplement.

Where

The filing and handling of all claims for child benefit is done by the Family Benefits Office of the Federal Employment Agency. The Family Benefits Office will inform you in detail about all basic regulations on the subject of child benefit. At the nearest authorized office (Familienkasse) you will find here: www.kindergeld.org

BABY NEW BORN BONUS

What

Those who are entitled for welfare benefits can apply for new born benefit

Where

Enter your postal code to find your nearest Social welfare office (Sozialbürgerhaus):

<http://www.muenchen.de/dienstleistungsfinder/muenchen/1060763/>

PARENTAL LEAVE (ELTERNZEIT)

What

Parents have the right to take parental leave for a period of three years overall. Parents can decide how they divide the parental leave in time and between mother and father. Employees can claim parental leave if they

- Live in one household with their child;
- Care for and raise the child themselves; and
- Are not employed or are not fully employed (over 30 hours per week on a monthly average).



The employer must be given seven weeks' notice before the beginning of parental leave within the first three years of the child's life.

Where

You have to inform your employee if and how long you are about to take parental leave.

PARENTAL ALLOWANCE (ELTERNGELD)

What

Parents are eligible to receive parental allowance if they live with and care for the child in a household and are (not) fully employed during that time. Parental allowance cushions the loss of the income that the parent looking after a child had preceding the child's birth and no longer has following the birth. A parent can claim at least two and a maximum of twelve monthly amounts. Parents are generally entitled to twelve monthly amounts that are paid out in relation to months of the child's life. An additional two monthly amounts can be claimed if both parents make use of the parental allowance and their income from employment is decreased for two months of claiming ('partner months').

WHO: Under EU law, nationals of other EU/EEA member states and Switzerland can generally claim parental allowance if they live or work in Germany. Under EU law, nationals of other EU/EEA member states and Switzerland can generally claim parental allowance if they live or work in Germany. Other foreign nationals can claim parental allowance if their stay is likely to be long-term based on the type of residence permit they hold and whether they are allowed to work. Holders of a settlement permit (Niederlassungserlaubnis) satisfy the conditions for claiming automatically. Holders of a residence permit (Aufenthaltserlaubnis) only meet the conditions for claiming if they are or previously have been entitled to work in Germany. Holders of a residence permit issued in case of hardship, for the holder's temporary protection, under a stay of deportation or because of circumstances preventing the holder's departure can only claim parental allowance if they have been resident in Germany for at least three years and are in employment or receiving unemployment benefit.

Conditions for claiming

Mothers and fathers can claim parental allowance if they:

- Look after and raise their children from birth themselves



- Do not do more than 30 hours' paid work a week
- Live with their children in one household
- Have a place of residence or are ordinarily resident in Germany.

Spouses and life partners who look after a child from birth can receive parental allowance under the same conditions even if the child is not their own.

Where

Responsibility for implementing the act lies with agencies designated by the German states (Länder):

in Bavaria it is called "Zentrum Bayern für Familie und Soziales",
Bayerstraße 32, 80335 München,

www.zbfs.bayern.de/familie/elterngeld/index.php (German)

SUPPLEMENTARY CHILD ALLOWANCE

What

Parents are entitled to supplementary child allowance (Kinderzuschlag) for each child who lives in their household, is under 25 and not married if:

- They claim child benefit for the child;
- They earn at least the minimum income threshold of €900 before deductions for a couple or €600 before deductions for a single parent;
- They do not exceed the maximum income limit;
- The supplementary child allowance prevents need of assistance as defined in Book II of the Social Code.

From 1 January 2011 recipients of supplementary child allowance are also entitled to seven types of

education and participation assistance:

- Single-day school/daycare centre outings (actual cost)
- Multiple-day school/daycare centre trips (actual cost)
- Personal school supplies
- Pupils' transportation to/from school (actual cost)
- Learning support (actual cost)
- Participation in school/daycare centre communal meals (grant)
- Participation in the social and cultural life of the community, such as sports clubs and music lessons

This so called "education and participation package" includes cash and non-cash



assistance.

Where

The assistance is handled by a single local government agency in each area, ensuring that it is locally administered in a targeted, accessible and unbureaucratic way. Supplementary child allowance is applied for in writing from the local family benefits department (Familienkasse). The various forms of education and participation assistance are applied for from local government agencies designated by the Länder.



Death and assistance: Social benefit (Sozialhilfe)

WHAT

Munich residents in hardship can turn to the Department for Social Security Munich or to the nearest local offices of the Department for getting benefits and assistance in case of death.

WHERE

Stadt München, Sozialreferat

Orleansplatz 11, 81667 München

<https://www.muenchen.de/rathaus/Stadtverwaltung/Sozialreferat.html>



Financial assistance for housing

OFFICE FOR HOUSING AND MIGRATION (AMT FÜR WOHNEN UND MIGRATION)

What

It can help you with finding accommodation or arranges accommodation directly. At least the housing officers can supply useful addresses and information.

Where

Service Desk

Office for Housing and Migration (Amt für Wohnen und Migration)

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T +49 (0)89 233 40105

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Low income assistance: Social benefit (Sozialhilfe)

WHAT

Every person who needs help or care gets social welfare. The legal basis can be found in the Social Code Book XII (SGB XII). Social welfare means an entitlement to support in various hardships and life situations.

WHERE

Stadt München (City of Munich),
Sozialreferat (Department of Social Services),
Orleansplatz 11, 81667 München,

Get in contact with your nearest social welfare office (Sozialbürgerhaus). In the Sozialbürgerhaus the various functions are organized by order of the residential address.

<http://www.muenchen.de/dienstleistungsfinder/muenchen/1060763/t/>



Unemployment assistance

UNEMPLOYMENT BENEFIT

What

You are entitled to unemployment benefit if you fulfil all of the following requirements: You must be unemployed, you must have completed the qualifying period and you must have registered as unemployed in person. The registration as unemployed serves as an assurance of your financial entitlements. It is an essential requirement to obtain unemployment benefit and must be done at the latest on the first day of unemployment (at the earliest three months before) in person with the Employment Agency responsible for your place of residence.

Where

Local Employment Agency (Agentur für Arbeit München),
Kapuzinerstraße 26, 80337 München,
T +49 (0)800 4 555500

UNEMPLOYMENT BENEFIT II

What

All persons capable of work and eligible for benefits can receive unemployment benefit II (Alg II) from the age of 15 years until the legally stipulated age limit between 65 and 67 years. Persons not capable of work can receive social benefit. Alg II and social benefit are benefits to secure a livelihood.

Where

Local Employment Agency (Agentur für Arbeit München),
Kapuzinerstraße 26, 80337 München,
T +49 (0)800 4 555500



Aid in food, clothes etc.

DIAKONIA CLOTHING CHAMBERS (KLEIDERKAMMERN) AND SECOND-HAND-SHOPS

What

diakonia operates two public clothing chambers in Munich. Here, you can get essentials for everyday life and free of charge, such as clothes and goods for daily needs. The things you can get in the clothing chambers are donations from other citizens of Munich.

Where

Kleiderkammer Mitte (clothing chamber centre),
Seidlstraße 4, 2. Stock, 80331 München,
T +49 (0) 89/12 15 95-0,

Kleiderkammer Ost (clothing chamber East),
Am Stahlgruberring 8, 81829 München,
T +49 (0) 89/12 15 95-0

Additionally, diakonia runs several second-hand shops, where you can get usable articles in good condition for a very low price. The offer includes clothing, furniture, household appliance, books and much more.

There is a second-hand shop in the city centre:

diakonia Kaufhaus
Dachauer Straße 192, 80992 München,
T+49 (0) 89/12 15 95-15

GERMAN RED CROSS (DEUTSCHES ROTES KREUZ, SHORT DRK)

What

The DRK supplies people with well-preserved clothing and many other goods to the basic material supply all over Germany. It operates clothing chambers where



you can get donations for free or clothes shops (KleiderLäden) where you can get clothes and more for a very low price.

Where

There are two clothing chambers in Munich, operated by the Bavarian Red Cross (BRK):

- 1) Kleiderlager Allach, Elly-Staegmeyr-Str. 11, 80999 München
- 2) Kleiderkammer Solln, Drygalski Allee 118, 81477 München-Solln

CLOTHES MEET SWAP (KLEIDERTAUSCHPARTY)

What

Some associations or others organise Kleidertauschparty in Munich. These are special events where you can swap your clothes with other people's clothes in a relaxed atmosphere. You can bring as many clothes as you want to swap or just looking through other people's offers.

Where

For example, the cultural association Green City e.V. organises a Kleidertauschparty regularly. You can find the dates for upcoming on their website:

<https://www.greencity.de/projekt/kleidertauschpartys/>

or on Facebook:

<https://www.facebook.com/greencityev/>

BELLEVUE DI MONACO

What

The Tafel e.V is a charitable association which collects donations and surplus food from shops and distributes it to socially and economically disadvantaged people, free of charge or against a symbolic amount. In order to get free food from the Tafel you need to bring an official document which shows your low monthly income.



Where

For Munich, the Münchner Tafel e.V. is responsible for the distribution of food:

c/o Großmarkt,

Schäftlarnstr. 10, 81371 München,

T +49 (0) 89-29 22 50,

E info@muenchner-tafel.de

FOODSHARING

What

It is an initiative which connects people who want to save food and engage against foodwaste. You can become a member and pick up surplus food from supermarkets, bakeries, restaurant or others. Also, you can take free food from the Fair-Teiler, which are places where foodsharer bring and store the saved food.

Where

Find more information on the foodsharing website:

<https://foodsharing.de/>

or on Facebook:

<https://www.facebook.com/foodsharing.muenchen/>

Recently, there are three so called “Fair-Teiler” in Munich:

- 1) Kuglerstr. 2, 81675 München,
- 2) Dachauer Straße 114, 80636 München,
- 3) Schwanthalerstr. 80, 80336 München

State and pro bono legal aid

WHAT

If you do not have sufficient financial resources to meet the costs of a court case you can apply for legal aid. The service offices of the Department of Social Security gives legal aid.



GOOD TO KNOW

The service is free of charge.

WHERE

Betreuungs-Stelle der Stadt München (Service office for City of Munich),

Mathildenstr. 3a, 80336 München,

T +49 (0) 89– 2 33 2 62 55,

E betreuungsstelle.soz@muenchen.de

<https://www.muenchen.de/rathaus/Stadtverwaltung/Sozialreferat/Sozialamt/Betreuungsstelle.html>



Other pro bono legal aid

CONSUMER ADVICE CENTRES (VERBRAUCHERZENTRALE)

What

The consumer advice centres give legal aid in certain fields.

Where

Verbraucherzentrale Bayern e.V.,

Mozartstr. 9, 80336 München,

E info@vzbayern.de

<https://www.vis.bayern.de/recht/index.htm> (German)

<http://www.verbraucherzentrale-bayern.de/home> (German)

ADVICE SERVICE FOR DEBTOR (SCHULDNERBERATUNG)

What

If you have financial problems, you can ask for legal counselling in financial matters free of charge. They also offer mediation services between you and the creditor.

Where

You can find the nearest office here: (in German)

<http://www.stmas.bayern.de/sozial/beratungsstellen/oberbayern.php#MUE>

CARITAS

What

If you need legal counselling, you can turn to Caritas. They offer legal and social counselling free of charge.



Where

<https://www.caritas.de/hilfeundberatung/ratgeber/migration/lebenindeutschland/>

DIAKONIE

What

If you need legal advice or help you can turn to Diakonie.

Where

Enter your postal code to find the nearest service office:

<https://hilfe.diakonie.de/hilfe-vor-ort/alle/bundesweit/?text=&ansicht=karte>

(German)

GERMAN RED CROSS

What

Advice service for debtor free of charge.

Where

T +49 (0)8000 365 000 (24 hour service)

<https://www.drk.de/hilfe-in-deutschland/existenzsichernde-hilfe/schuldnerberatung/>

Programmes by state social services

LOCAL HELP-POINT FOR SOCIAL WORK

What

The local help-point for social Work (Bezirkssozialarbeit) offers services in many



social areas, including advice and support. Especially, you will get help in personal and economic emergency situations, family conflicts or in life crises and in phases of mental stress.

Where

The counselling is carried out in the social welfare office (Sozialbürgerhaus). Which Sozialbürgerhaus is responsible for you depends on your residential address. You can find your competent authority by using the research engine and entering your postal <http://www.muenchen.de/dienstleistungsfinder/muenchen/1060763/t/>

DEPARTMENT OF HEALTH AND ENVIRONMENT (REFERAT FÜR GESUNDHEIT UND UMWELT) IN THE CITY OF MUNICH

What

The Department of Health and Environment in the City of Munich, specialist unit Migration and Health is committed to the health promotion of migrants. It offers counselling and subsidises a broad network of institutions providing ambulatory services. Among others, it subsidises free interpretation services for these providers.

Where

Referat für Gesundheit und Umwelt,
Fachstelle Migration und Gesundheit,
Bayerstr. 28 a, 80335 München,
T +49 (0) 89 23396300

ADDICTION COUNSELLING OF THE CITY OF MUNICH

What

The addiction counselling of the City of Munich includes three counselling centres, which offer a free and private consultation. Counselling takes place in a one-to-one meeting with a fixed reference person. In addition, you can participate in different group offers.



Where

Referat für Gesundheit und Umwelt, SG Suchtberatung,
Paul-Heyse-Straße 20, 80336 München,
E drogenberatung.rgu@muenchen.de

PSYCHOSOCIAL AND PSYCHOTHERAPEUTIC COUNSELLING OF THE STUDENT UNION (STUDENTENWERK)

What

This service is for all students who want to talk with experienced psychologists. It offers free counselling for study-related problems or personal conflict situations.

Where

Studentenwerk München (student union),
Helene-Mayer-Ring 9,
Beratungszentrum entrance h, first floor, room h6,
T +49 (0) 89 357135-40,
E psycho-beratung@stwm.de

CARITAS PSYCHOLOGICAL SERVICE FOR MIGRANTS

What

It offers counselling and therapy in your mother tongue. Especially in the following focus areas: educational counselling, counselling on partnerships, social psychiatric counselling / Life counselling

Where

Psychologischer Dienst für Ausländer (Caritas psychological service for migrants),
Bayerstraße 73, 80335 München,
T +49 (0) 89 2311490
E pda@caritasmuenchen.de



Programmes by NGOs

CAFÉ 104

What

Café 104 is for migrants without residence status. The focus areas of their work are psychosocial counselling and counselling about residence permit as well as the care of pregnant women.

Where

Café 104

Dachauer Str. 161, 80636 München,

T +49 (0) 89 45 20 76 56

E info@cafe104.de

REFUGIO MÜNCHEN

What

They are supporting people who have been forced to leave their countries of origin due to torture, political persecution or war conflicts and are living in exile in Germany.

Where

Refugio München,

Rosenheimer Straße 38, 81669 München,

T +49 (0)89 98 2957-0



Counselling for families and children

NATIONALLY RECOGNIZED COUNSELLING CENTRE FOR PREGNANCY QUESTIONS (SCHWANGERENBERATUNGSSTELLE)

What

It offers counselling around pregnancy and childbirth, on legal regulations and support for pregnant women and parents. Also you can get help for crises and problems during pregnancy.

Where

Referat für Gesundheit und Umwelt (Department for Health and Environment),
Schwangerenberatung (counselling centre for pregnancy question),
Bayerstr. 28a, 80335 München,
T +49 (0)89 233 47871

WORKERS' WELFARE FEDERAL ASSOCIATION (ARBEITERWOHLFAHRT, SHORT AWO)

What

The AWO is supporter of diverse women's and girls' projects. Especially, it offers a psychosocial service for children, adolescents and adults, couples and families with a migration background in their mother tongue.

Where

Psychologischer Dienst (psychosocial service),
Goethestr. 53, 80336 München
T +49 (0)89 5442 4753
E psych.migration@awo-muenchen.de



PRO FAMILIA

What

Here you can find help and advice on the topics of sexuality and relationship, pregnancy and family planning as well as children and education. Also, Pro familia Munich offers information, group events and lectures.

Where

Counselling Centre Munich,
Türkenstr. 103, 80799 München,
T +49 (0)89 330 0840
E muenchen@profamilia.de

Safe houses for women and children

WHAT

Service office, telephone hotline and safe houses for women.

WHO

All women and girls in need of help.

WHERE

You can call the hotlines:

Frauennotruf München,
www.frauennotrufmuenchen.de
T +49 (0)89 763737
Frauenhilfe München (24-hours)



T +49 (0)89 354830

Autonomes Frauenhaus München – Frauen helfen Frauen e.V,
T +49 (0)89 645169



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The AWO is supporter of diverse women's and girls' projects. Especially, it offers a psychosocial service for children, adolescents and adults, couples and families with a migration background in their mother tongue.

Where

Psychologischer Dienst (psychosocial service)
Goethestr. 53, 80336 München
T +49 (0)89 5442 4753
E psych.migration@awo-muenchen.de



AMYNA E.V.

What

AMYNA is a NGO which offers help, counselling and advice, trainings and events how to protect children from abuse.

Where

AMYNA e.V.

Mariahilfplatz 9/2. floor

81541 München

T +49 (0)89 890 5745-100

E info@amyna.de

PRO FAMILIA

What

Here you can find help and advice on the topics of sexuality and relationship, pregnancy and family planning as well as children and education. Also, Pro familia Munich offers information, group events and lectures.

Where

Counselling Centre Munich,

Türkenstr. 103, 80799 München

T +49 (0)89 330 0840

E muenchen@profamilia.de



Helplines

RAILWAY MISSION (BAHNHOFSMISSION)

What

General emergency hotline in case of homelessness.

T +49 (0) 89/594576

FRAUENOBDACH

What

For homeless women with children.

T +49 (0) 89/5491510

WOMEN'S EMERGENCY HOTLINE MUNICH (FRAUENNOTRUF)

What

Helpline for violence against women.

T +49 (0) 89/763737

WOMEN'S AID MUNICH (FRAUENHILFE)

What

A 24/7 helpline for violence against women.

T +49 (0) 89/354830

WOMEN'S SHELTER MUNICH (AUTONOMES FRAUENHAUS FRAUEN HELFEN FRAUEN E.V)



What

Helpline for violence against women.

T +49 (0) 89/645169

IMMA E.V

What

Drop-in centre for girls.

T +49 (0) 89/183609

SHELTERS FOR GIRLS (MÄDCHENSCHUTZSTELLEN)

What

T +49 (0) 89/8207004

T +49 (0) 89/439084-13

JUST M

What

Emergency service for children and youths.

T +49 (0) 89/82990314

INFOFON

What

Information and counselling service for young people (daily from 6.00 to 10.00 pm).

T +49 (0) 89/1215000



EVANGELIC TELEPHONE SERVICE (TELEFONSELSORGE)

What

Helpline for dealing with life crises.

T +49 (0) 800/1110111

CATHOLIC TELEPHONE SERVICE (TELEFONSELSORGE)

What

Helpline for dealing with life crises.

T +49 (0) 800/111022289



Legal representations of unaccompanied minors

WHAT

Unaccompanied minors who need special support and aid. You will be provided with housing, learn German, later relocated and start trainings and schools. At your permanent place of residence, you will be assigned what is called a legal guardian, who will legally be by your side in all matters. Until your 18th birthday, this person will support you in all your important decisions.

WHO

Children and Youngster not full-aged.

WHERE

Young Refugee Centre, Marsstraße 19, 80335 München

Steps to get licence

WHAT

If you want to get a driving licence in Germany you have to undertake several steps including taking theoretical and practical lessons and passing final driving tests.



GOOD TO KNOW

Choose your driving school carefully. Sometimes there are huge differences in the prices of the driving schools.

Also, be aware that there are fees for the application for the driving licence as well as for the theoretical and practical test.

Currently TÜV Süd offers the theoretical test in 12 foreign languages.

STEPS

Step 1: Research and compare different driving schools; there is a broad variety of providers. Choose the driving school which is close to you, offers a good price and the category of driving licence you want to get. You can go to the driving school personally and register there.

Step 2: If you haven't done so yet you have to do an eye test and a first aid course.

Step 3: To be allowed to take the final driving exams later on, you need to propose an application for a driving license. The driving license authority in the city or community of your primary residence is responsible. For the application the following documents are required: Training contract from your driving school, certificate of eye test and first aid course, passport, passport photo. (If you want to do the driving licence with 17 years there are some more documents required). In many cases your driving school support you with the application.

Step 4: You have to take theoretical and practical lessons. The theoretical lessons are held in the rooms of your driving school. Depending on the category of driving licence you have to take a minimum number of theoretical lessons. For the practical driving lessons you agree on individual dates with your driving instructor. Usually one lesson takes 45 minutes. Also depending on the category you have to take a certain amount of special driving lessons.

Step 5: After you have taken all required theoretical lessons you can take the theoretical test. For Munich and surrounding you will take the test at the TÜV Süd. You have to answer a certain amount of theoretical questions on the computer. After you have finished the examiner tells you, if you have passed.

Step 6: Finally you can take the practical driving test. Most likely, your driving instructor will suggest you to take the test once your driving skills are good enough. The practical test will take 45 minutes and an examiner from TÜV Süd as



well as your driving instructor will be in the car with you. Once you have passed the test, the examiner will directly give you your driving licence.

WHERE

At the driving school of your choice

Validity of foreign driving licence

WHAT

Depending on the country your driving licence was issued it may or may not be valid in Germany.

WHO

If you own a valid driving licence from states in the EU you are allowed to drive a motor vehicle in Germany.

If you own a driving licence from states outside the EU you have to convert your national driving licence in a German driving licence.

HOW

EU driving licenses don't have to be converted into a German driving license document. However, a description is possible on a voluntary basis.

If you own a non-EU driving licence you have to convert your national driving licence. Therefore you need to submit an application for the German driving license to the driving license authority in the city or community of your primary residence. Depending on the country where your driving licence was issued you need to take the theoretical or practical test in Germany or hand in certain documents.



If the foreign driving license contains restrictions or conditions, this also applies to the driving license in Germany.

WHEN

For non-EU driving licences latest six month after you have registered a regular residence in Germany. If you can prove that you will not have the regular residence in Germany for more than 12 months, the 6-month period can be extended.

GOOD TO KNOW

Your driving license is not valid if you have not yet reached the minimum age required in Germany.

WHERE

MÜNCHEN

Kraftfahrzeugzulassungs- und
Fahrerlaubnisbehörde (Vehicle
registration and driving license
authority)

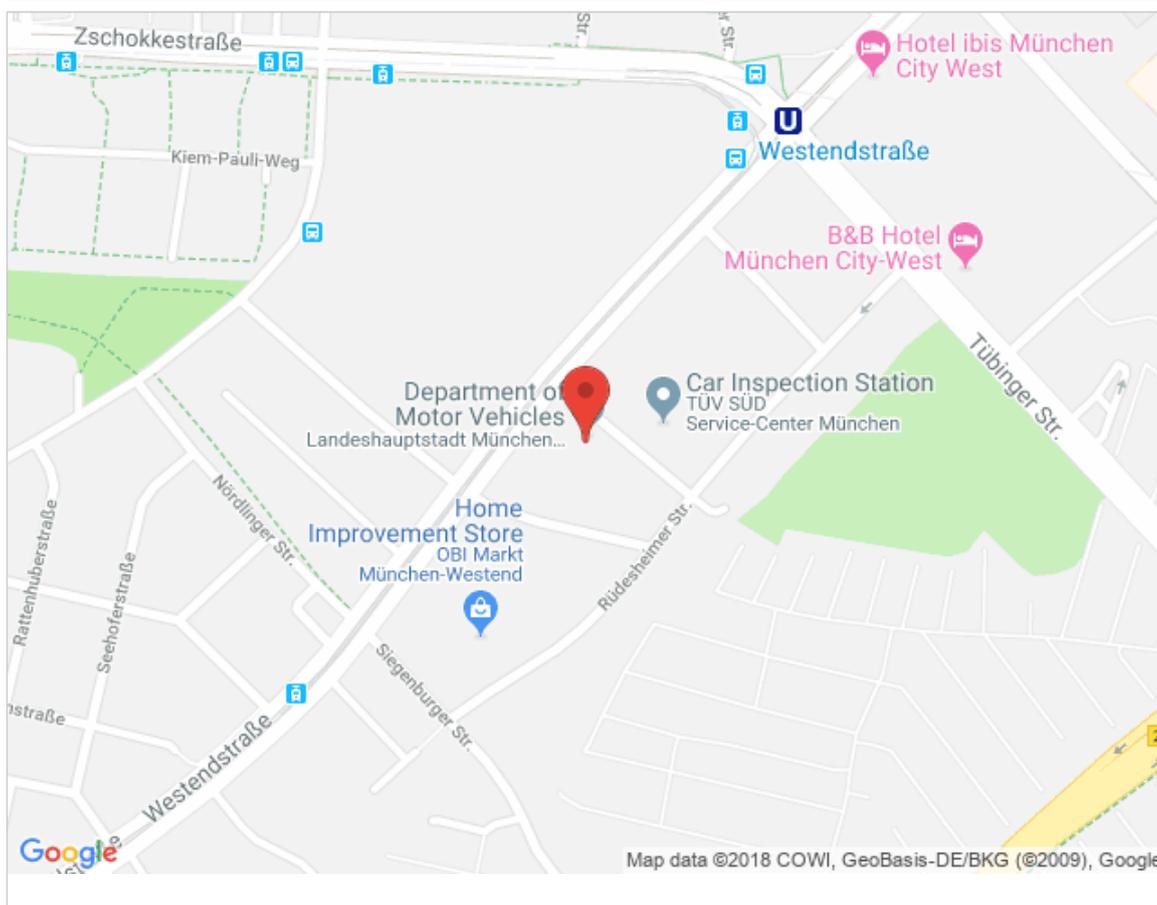
Landeshauptstadt München (City Of
Munich)

Kreisverwaltungsreferat (KVR)
(Department of Public Order)
Hauptabteilung III Straßenverkehr
Eichstätter Straße 2
80686 München

T +49 (89) 23396090

E fuehrerscheine.kvr@muenchen.de

<http://www.muenchen.de/dienstleistungsfinder/muenchen/1064232/>





Validity of international driving licence

WHAT

The international driving licence is an additional document to your national driving licence. Basically, you can use it if you are travelling in foreign countries. Under certain conditions, you are allowed to drive in Germany with an international driving licence.

WHO

If you own a driving licence which was issued in one of the member states of the EU you don't need an international driving licence to drive in Germany.

HOW

The international driving licence is only valid together with a (new) EU driving license in the check card format. If you own an international driving licence, there is no translation of your national driving licence necessary.

WHEN

If you own a (new) EU driving licence, you can use your national driving licence until the date of expiry.

If you own a foreign driving licence you need to convert your driving licence into a German latest six months after you have registered your primary residence in Germany.



GOOD TO KNOW

Your driving license is not valid if you have not yet reached the minimum age required in Germany.

WHERE

MÜNCHEN

Kraftfahrzeugzulassungs- und
Fahrerlaubnisbehörde (Vehicle
registration and driving license
authority)

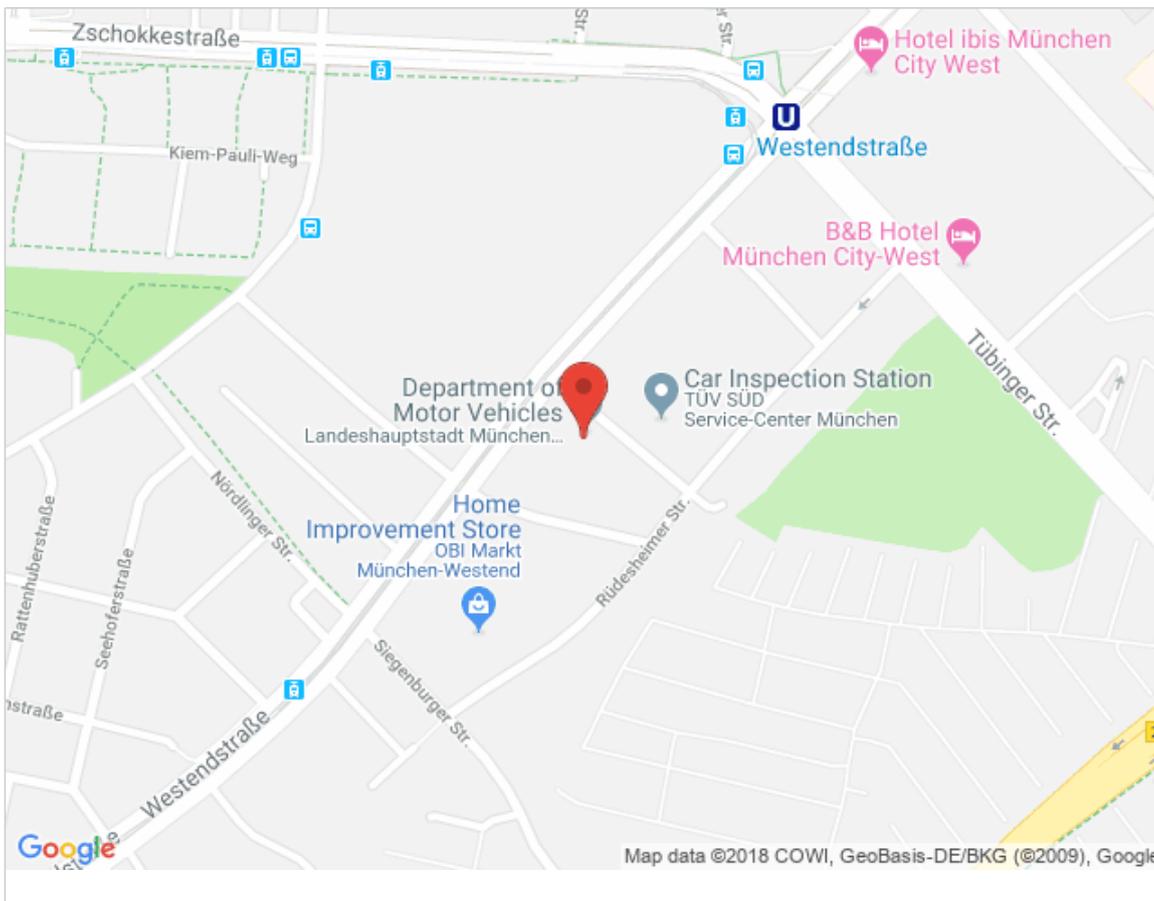
Landeshauptstadt München (City Of
Munich)

Kreisverwaltungsreferat (KVR)
(Department of Public Order)
Hauptabteilung III Straßenverkehr
Eichstätter Straße 2
80686 München

T +49 (89) 23396090

E fuehrerscheine.kvr@muenchen.de

<http://www.muenchen.de/dienstleistungsfinder/muenchen/1064232/>



Vehicle registration

WHAT

Vehicles may only be put into service on public roads in Germany if they are approved and have an official registration plate number.

WHO

Everyone who wants to drive a car in Munich and Germany.



HOW

If you want to register a vehicle from abroad, your car first must be identified by the local admission office or you have to convert your foreign vehicle documents. This is necessary in order to get official German vehicle documents. Once you have the German documents and you are registered with your main residence in Munich you can make an appointment with the local admission office to register your vehicle.

WHEN

As soon as you have collected all necessary documents.

GOOD TO KNOW

You have to pay fees for the vehicle registration and the official registration number.

You can find an overview of all necessary documents on the website of the Kreisverwaltungsreferat.

WHERE

MÜNCHEN

Kraftfahrzeugzulassungs- und
Fahrerlaubnisbehörde (Vehicle
registration and driving license
authority)

Landeshauptstadt München (City Of
Munich)

Kreisverwaltungsreferat (KVR)
(Department of Public Order)
Hauptabteilung III Straßenverkehr

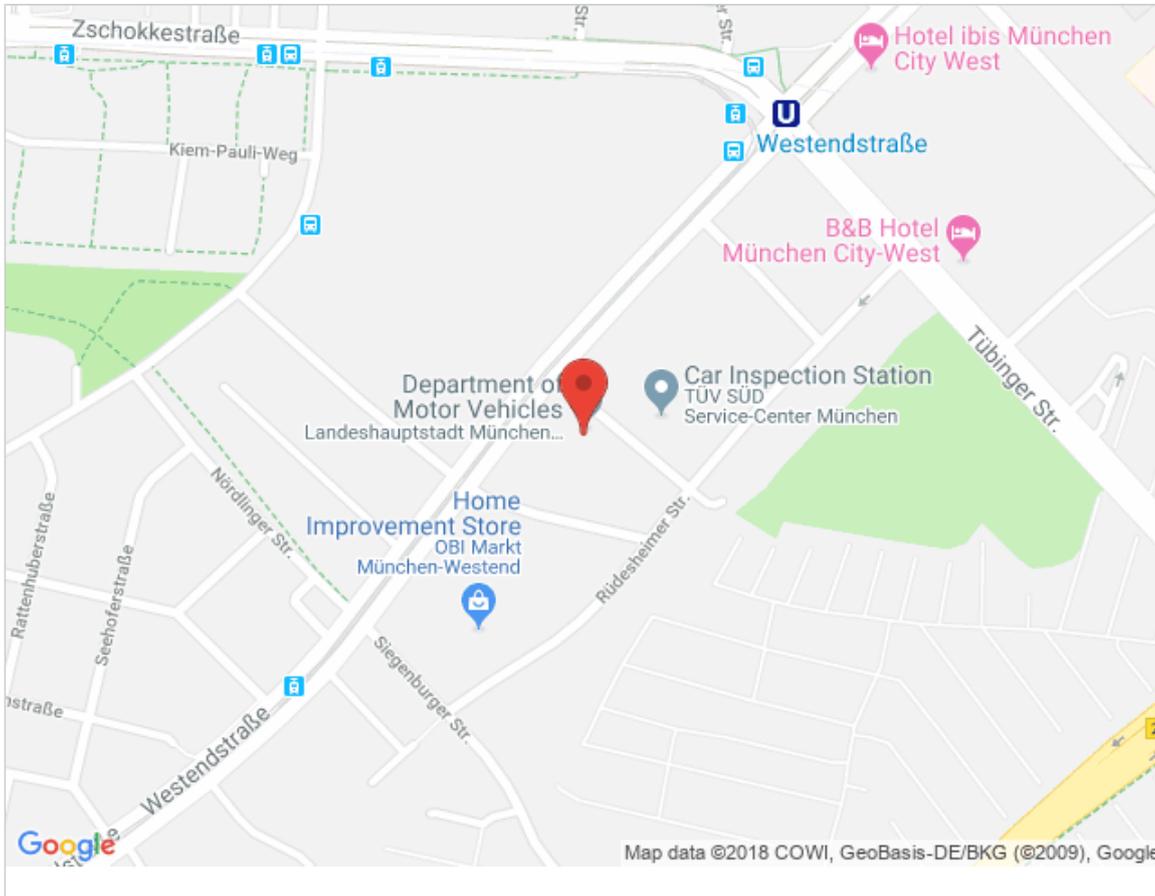
T +49 (89) 23396090

E fuehrerscheine.kvr@muenchen.de

<http://www.muenchen.de/dienstleistungsfinder/muenchen/1064232/>



Eichstätter Straße 2
80686 München





Registration of a vehicle with foreign country plates

WHAT

Vehicles may only be put into service on public roads in Germany if they are approved and have an official registration number.

WHO

Everyone who wants to drive a car in Munich and Germany.

HOW

If you want to register a vehicle from abroad, your car first must be identified by the local admission office or you have to convert your foreign vehicle documents.

This is necessary in order to get official German vehicle documents.

Once you have the German documents and you are registered with your main residence in Munich you can make an appointment with the local admission office to register your vehicle.

WHEN

As soon as you have collected all necessary documents.

GOOD TO KNOW

You have to pay fees for the vehicle registration and the official registration number.



You can find an overview of all necessary documents on the website of the Kreisverwaltungsreferat.

WHERE

MÜNCHEN

Kraftfahrzeugzulassungs- und
Fahrerlaubnisbehörde (Vehicle
registration and driving license
authority)

Landeshauptstadt München (City Of
Munich)

Kreisverwaltungsreferat (KVR)
(Department of Public Order)

Hauptabteilung III Straßenverkehr
Eichstätter Straße 2
80686 München

T +49 (89) 23396090

E fuehrerscheine.kvr@muenchen.de

<http://www.muenchen.de/dienstleistungsfinder/muenchen/1064232/>





Technical examination

WHAT

In order to ensure that your vehicle is roadworthy and meets environmental requirements you must bring your vehicle to the main investigation (Hauptuntersuchung, short HU) regularly.

WHO

Everyone who owns a vehicle in Germany.

HOW

You can arrange an appointment (online) at one of the service centres of TÜV Süd in order to register your vehicle for the technical examination.

WHEN

A new passenger car has to be inspected for the first time three years after its registration, followed by a two-year cycle.

GOOD TO KNOW

Depending on your vehicle you have to pay a fee for the technical examination. If your vehicle passes the inspection, your car will get a yellow circular main inspection sticker which shows you the year and date when the next technical inspection is necessary.



WHERE

In Munich, there are several service centres of “TÜV Süd” which offer the technical examination. You can find the one closest to you at the website of [TÜV Süd](#).

For example, there is one service centre at: Eichstätter Str.7, 80686 München, T
+49 (0) 89 5190 3388



Insurance

WHAT

The vehicle insurance is legally required and insures your vehicle in case of damage.

WHO

Everyone who owns a vehicle in Germany.

HOW

Research and compare insurance provider in Munich and chose the one which offers the best conditions for your requirements.

WHEN

As soon as possible.

GOOD TO KNOW

Depending on the conditions of the vehicle insurance and your requirements there may be differences in price.

WHERE

For example: AXA Fink & Wagner GmbH, Josephspitalstraße 15, 80331 München,



T +49 (0) 89 70074195

Means of public transport

TRAIN AND SUBURBAN TRAIN

What

The far-distance trains as well as suburban trains (S-Bahn) in Munich are served by the Deutsche Bahn. Munich S-Bahn connects the city of Munich to its surrounding areas and beyond. There are seven S-Bahn lines in Munich, two of them shuttle between the city and Munich Airport. Usually the trains go in a 20-minutes-cycle. Additionally there are trains which leave from Munich to destinations all over Bavaria, Germany and above. Mainly they start from Munich Central Station or from the station München-Pasing.

Where

For detailed information about the rail network, schedules and tickets visit the website of the Deutsche Bahn or use the application on your smartphone.

http://www.s-bahn-muenchen.de/s_muenchen/view/index.shtml (in German)

UNDERGROUND, BUS AND TRAM

What

The Munich Transport Company (MVG = Münchner Verkehrsgesellschaft) runs almost all underground, bus and tram lines in Munich. There are eight underground lines as well as a huge number of bus and tram lines which connect different parts of Munich. In the central area, the offer of public transport means is broader than at the suburban areas.

The rail network is divided into four areas, from the centre to the suburban areas which influence the ticket prices.

Where

For detailed information about the rail network, schedules and tickets visit the



website of the MVG or MVV or use the application on your smartphone. (in English, in German): <https://www.mvg.de/en.html>
<http://www.mvv-muenchen.de/en/homepage/index.html>

CITY BICYCLES

What

If you do not have an own bike yet or want to bike a short distance spontaneously, you can use one of the city bike offers in Munich.

There are bikes offered from the MVG Munich Transport Company (MVG = Münchner Verkehrsgesellschaft) which you can use only in the central area of Munich.

Also, you can use the city bikes offered by the Deutsche Bahn, which are operated all over Germany.

Where

To use the city bikes you have to register and create an account for the service. Usually you have to pay a fixed price per minute. To book, (un-)lock the bike and for payment, use the smartphone apps. MVG Bike:

<https://www.mvg.de/services/mobile-services/mvg-rad.html> (in German) DB Bike (Call a bike): https://www.bahn.de/p/view/service/fahrrad/call_a_bike.shtml# (in German)

PARK AND RIDE

What

At many final stations of S-Bahn or underground train you can find car parkings of Park+Ride. There you can park your car for a reasonable parking fee, if you come from suburban areas to travel on with public transport to the city centre. This is a good offer for commuters and everyone who wants to avoid traffic and lack of car-parking space in the city centre.

Where

For detailed information, prices and locations of P+R parkings visit the website of



P+R: (IN English, in German): <http://www.parkundride.de/en/startseite.html>

CAR-SHARING

What

As there are bike sharing offers like the city bikes there is also a huge offer of car-sharing providers in Munich. They are useful for you, if you do not own a car and need a car only in special situations. You have to register and create an account to use the car-sharing service. Usually you have to pay a fixed price per minute or per kilometre.

There are two types of offers: You can both pick up and park the car everywhere in the area or only at defined locations.

Where

Some of the popular car-sharing providers are: DriveNow (by BMW), Car2go, StattAuto München

List of financial assistance

WHAT

Every person who needs help or care can get support in various hardships and life situations at the Department for Social Security. The legal bases can be found in the Social Code Book XII (SGB XII).

WHERE

An overview of all services of the Department you will find here:

<https://www.muenchen.de/rathaus/Stadtverwaltung/Sozialreferat/Themen/Behinderung-und-Pflege.html>(in German). The Office of Social Security has a German website.



MÜNCHEN

Amt für soziale Sicherung (Office for
Social Security)

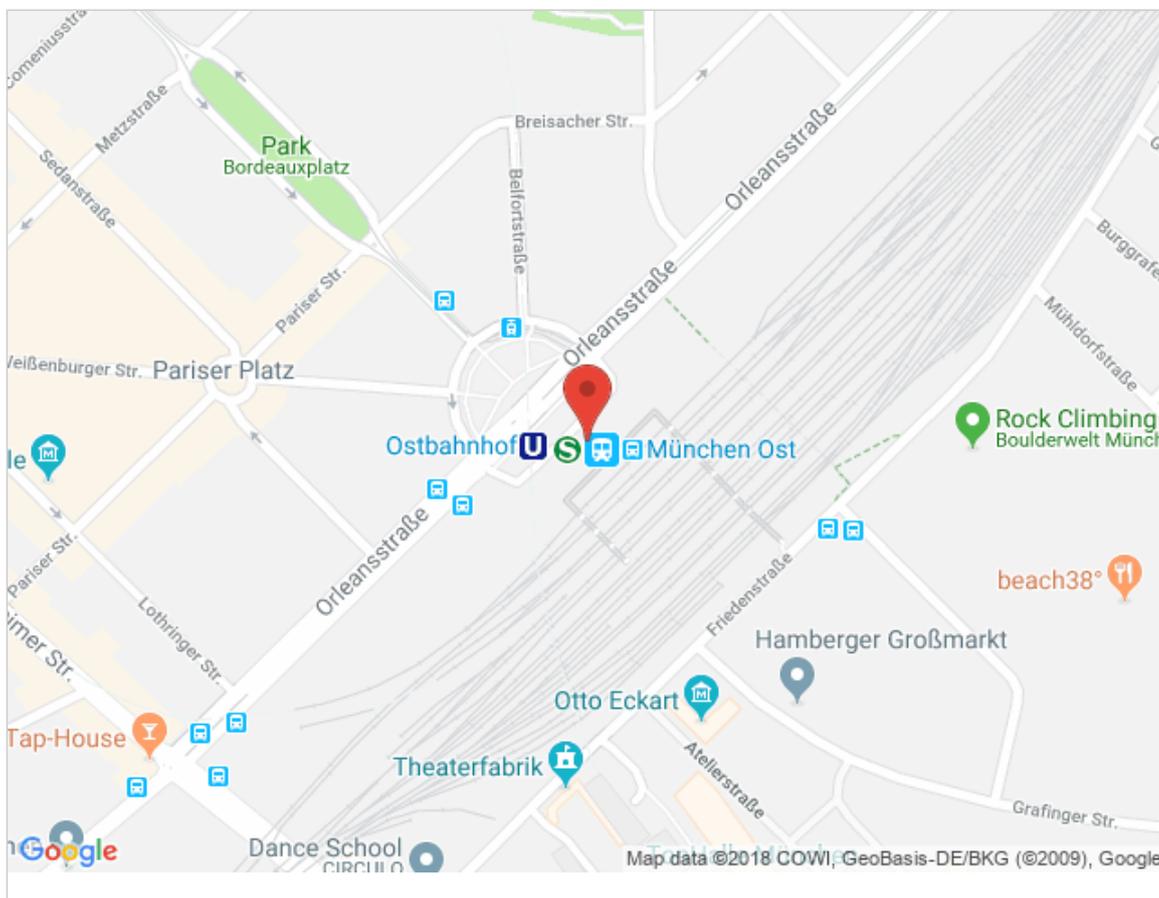
Landeshauptstadt München (City of
Munich)

Sozialreferat (Department of Social
Services)

Orleonsplatz 11
81667 München

E sozialreferat@muenchen.de

<https://www.muenchen.de/rathaus/Stadtverwaltung/Sozialreferat/Sozialamt.html>





Carer's allowance

WHAT

Financial aid offered by the state to help cover the expenses related with assistance and care of a dependant family member who needs nursing care because of physical, mental or psychological illness or disability from the same household.

HOW

You can contact your nursing care fund (Pflegeversicherung) which is part of the public care system in Germany. If you are not insured for nursing care or the benefits of the nursing care fund and your own resources are insufficient, you can apply for nursing care (SGB XII).

GOOD TO KNOW

In principle, assistance is granted from the day on which your need or help becomes known to the social welfare agency.

WHERE

Care-insured persons must submit an application to the nursing fund or private long-term care insurance. Persons who are insured for nursing care should contact the relevant Social Resident Centre. Which Social Resident Centre you can contact depends on your residential address. Find your relevant centre at www.muenchen.de/sbh



Other means of assistance

DISABILITY PASS

What

If you are afflicted with a disability or severe disability you will receive upon application a (severely) disabled person's ID card from the pensions office. The card will document the degree of your disability, and will enable you to receive concessions, for example on public transport.

Where

At the the Bavarian Centre for Families and Social Affairs (ZBFS). It is a central state authority with responsibility for a range of social benefits and services in Bavaria. Various family benefits paid to parents fall under their remit, as does formal recognition of the disability status of severely disabled persons.

via online-application:

<https://www.zbfs.bayern.de/menschen-behinderung/ausweis/antrag/>;

Bavarian Centre for Families and Social Affairs (Zentrum Bayern Familie und Soziales),

Hegelstraße 2, 95447 Bayreuth,

E poststelle@zbfs.bayern.de

<https://www.zbfs.bayern.de/sprache/english/index.php> (in English, French, Czech)

FREE PUBLIC TRANSPORT

What

If your disability significantly reduces your mobility in road traffic or if you are incapacitated or deaf, you are entitled to free public transport on production of a pass that is marked accordingly. This applies to trams, buses, suburban trains and (second- class) rail travel nationwide.

Where

So that you can use this service, your pass must contain a special stamp



(Wertmarke). These stamps are issued by the compensation office and cost €80 for one year or €40 for six months (2017). The 12-month stamps are issued on application free of charge to persons who are blind or otherwise incapacitated and to certain groups of persons on low incomes.

more information:

<https://www.zbfs.bayern.de/menschen-behinderung/mobilitaet/nahverkehr/index.php> (in German)

Bavarian Centre for Families and Social Affairs (Zentrum Bayern Familie und Soziales),

Hegelstraße 2, 95447 Bayreuth,

E poststelle@zbfs.bayern.de

<https://www.zbfs.bayern.de/sprache/english/index.php> (in English, French, Czech)

ACCOMMODATION ADJUSTMENT

What

Help in adjusting the accommodation to special needs.

Where

Association for social district work (Verein für Stadtteilarbeit e.V.)

Service Office Accommodation (Beratungsstelle Wohnen),

Aachener Straße 9,

80804 München,

T +49 (0) 89 35 70 43 0,

E be-wohnen@verein-stadtteilarbeit.de

www.beratungsstelle-wohnen.de (in German)

SERVICE OFFICES FOR HOME CARE AND NURSING

What

Service offices provide professional home care.

Where

A list of all service offices you will find here (German):



<https://www.muenchen.de/rathaus/Stadtverwaltung/Sozialreferat/Sozialamt/Alter-und-Behinderung/Beratung-und-Hilfe.html>

EQUIPMENT FOR PEOPLE WITH SPECIAL NEEDS

What

A lot of equipment for people with special needs is provided by health insurance.

Where

Your doctor will confirm your needs. Get in contact with your health insurance.

THE INTEGRATION OFFICE

What

The Integration Office supports people with disabilities in their working life.

Where

Find information in English here:

<https://www.integrationsaemter.de/Fluechtlinge/585c/index.html>

Rights and employment

TRAINING ALLOWANCE (AUSBILDUNGSGELD)

What

Training allowance is a benefit for securing a livelihood and is only provided by the Federal Employment Agency (Bundesagentur für Arbeit – BA) for disabled persons.

Where

More in English:



<https://www3.arbeitsagentur.de/web/content/EN/Benefits/PersonswithDisabilities/index.htm>;

Federal Employment Agency (Bundesagentur für Arbeit – BA)

Kapuzinerstraße 26,

80337 München,

T +49 (0) 89 51540,

www.arbeitsagentur.de

TRANSITIONAL ALLOWANCE (ÜBERGANGSGELD)

What

Transitional allowance is a compensation for reduced income within the framework of promotion of vocational integration of disabled persons in working life. If you are participating in an education measure within the framework of promotion of vocational integration of disabled persons in working life, you are under certain circumstances entitled to transitional allowance as compensation for reduced income. Your counsellor will evaluate whether the requirements are met in your specific case.

Where

More in English:

<https://www3.arbeitsagentur.de/web/content/EN/Benefits/PersonswithDisabilities/index.htm>;

Federal Employment Agency (Bundesagentur für Arbeit – BA)

Kapuzinerstraße 26,

80337 München,

T +49 (0) 89 51540,

www.arbeitsagentur.de

TRAINING ALLOWANCE FOR DISABLED PERSONS (BERUFSAUSBILDUNGSBEIHILFE FÜR BEHINDERTE MENSCHEN)

What

Disabled persons are entitled to vocational training assistance when participating in general vocational training measures. Your guidance counselor can tell you if



you are entitled to vocational training assistance (BAB) or training allowance (Ausbildungsgeld) during vocational training, the participation in a work preparation scheme, basic training or other measures leading to the participation in working life.

Where

More in English:

<https://www3.arbeitsagentur.de/web/content/EN/Benefits/PersonswithDisabilities/index.htm>;

Federal Employment Agency (Bundesagentur für Arbeit – BA)

Kapuzinerstraße 26,

80337 München,

T +49 (0) 89 51540,

www.arbeitsagentur.de

THE INTEGRATION OFFICE (INTEGRATIONSAMT)

What

The Integration Office supports people with disabilities in their working life.

It is not always easy to know who is responsible for what. So that this does not place persons with disabilities at a disadvantage, the various agencies responsible for rehabilitation are required to work closely with each other. The agencies have also set up joint service centres in almost all urban and other districts. The joint service centres cover all agencies and provide information on responsibilities and on criteria for receiving benefits and services and administrative procedures, and help with making applications. The establishment of joint service centres supports coordinated provision close to home and one-stop support for persons with disabilities or at risk of disability. The agencies are also required to clarify responsibilities within 14 days and to ensure that decisions are made quickly and unbureaucratically.

Where

Find information in English here:

<https://www.integrationsaemter.de/Fluechtlinge/585c/index.html>





Rights and education

THE RIGHT TO SCHOOLING AND TRAININGS

What

The Institute for Professional Development in Education advises people with special needs for schooling and vocational trainings (services provided in English also).

Where

Institute for Professional Development in Education (Pädagogisches Institut
Bildungsberatung),
City of Munich, Department for Education and Sport (Landeshauptstadt München,
Referat für Bildung und Sport)
Schwanthalerstraße 40,
80336 München,
T +49 (0) 89 233 83300,
<http://www.pi-muenchen.de/> (in German)

THE RIGHT TO COMPENSATION FOR COST AND SUPPORT IN EDUCATION (NACHTEILSAUSGLEICH)

What

Pupils with special needs may be disadvantaged in school. You get special support like adjusting the facilities in class room, technical equipment or other kinds of support.

Where

Institute for Professional Development in Education (Pädagogisches Institut
Bildungsberatung),
City of Munich, Department for Education and Sport (Landeshauptstadt München,
Referat für Bildung und Sport)
Schwanthalerstraße 40,



80336 München,
T +49 (0) 89 233 83300,
<http://www.pi-muenchen.de/> (in German)

Assistance for children with special needs

THE RIGHT TO SCHOOLING AND TRAININGS

What

The Institute for Professional Development in Education advises people with special needs for schooling and vocational trainings.

Where

Institute for Professional Development in Education (Pädagogisches Institut
Bildungsberatung),
City of Munich, Department for Education and Sport (Landeshauptstadt München,
Referat für Bildung und Sport)
Schwanthalerstraße 40,
80336 München,
T +49 (0)89 233 83300,
<http://www.pi-muenchen.de/> (in German)

THE RIGHT TO COMPENSATION FOR COST AND SUPPORT IN EDUCATION (NACHTEILSAUSGLEICH)

What

Pupils with special needs may be disadvantaged in the school. You get special support like adjusting the facilities in class room, technical equipment or other kinds of support.

Where

Institute for Professional Development in Education (Pädagogisches Institut
Bildungsberatung),



City of Munich, Department for Education and Sport (Landeshauptstadt München,
Referat für Bildung und Sport)
Schwanthalerstraße 40,
80336 München,
T +49 (0)89 233 83300,
<http://www.pi-muenchen.de/> (in German)

THE RIGHT TO TRANSPORT TO SCHOOL

What

If you are disabled more than 6 months and can prove it by certificate you are entitled to transport to school free of charge.

Where

More information you'll find here:

<https://www.muenchen.de/rathaus/Stadtverwaltung/Referat-fuer-Bildung-und-Sport.html> (in German)

For questions and requests contact the hotline for pupil's transport: T +49 (0)
89/233 – 96776

ASSISTANCE BY VOLUNTEERS

What

The association for day care and integration of children with special needs (Verein zur Betreuung und Integration behinderter Kinder und Jugendlicher (BIB)) supports families with volunteer assistance for day care for children with special needs.

Where

association for day care and integration of children with special needs (Verein zur
Betreuung und Integration behinderter Kinder und Jugendlicher (BiB e.V.)
Seeriederstr. 25,
81675 München,
T +49 (0)89 12479 6930,



E info@bib-ev.org,
<http://www.bib-ev.org/> (in German)

OFFERS FOR ACTIVITIES AND EVENTS

What

The association “Kreisjugendring” offers joint events and cultural activities for youngsters with and without special needs. Projects help to raise public awareness in the field of special needs.

Where

House of Youth (Haus der Jugendarbeit)
Rupprechtstr.29,
T +49 (0)89 55273 1830,
E ebs@kjr-m.de
<http://www.kjr-m.de/themen/inklusion.html> (German)

INFORMATION ABOUT ALL ACCESSIBLE LEISURE ACTIVITIES

What

The association Youth Information Centre Munich (Jugendinformationszentrum München) provides a list of all accessible offers and leisure activities here
<https://jiz-muenchen.de> (German)

Where

Youth Information Centre Munich (Jugendinformationszentrum München)
Sendlinger Straße 7,
80331 München,
T +49 (0)89 5505 2150,
E info@jiz-muenchen.de,
<https://jiz-muenchen.de> (German)



Assistance for persons with special needs

THE INTEGRATION OFFICE (INTEGRATIONSAMT)

What

The Integration Office supports people with disabilities in their working life. Integration offices are among the agencies that carry out the tasks arising from Book IX of the Social Code. Compensation offices are responsible for determining a person's disability, their level of disability and any further health conditions that are a requirement for claiming disability concessions. Special employment protection, supportive assistance in employment and collection of compensation contributions all come under the purview of integration offices.

Where

Find information in English here:

<https://www.integrationsaemter.de/Fluechtlinge/585c/index.html>

JOBS AND WORK FOR PEOPLE WITH SPECIAL NEEDS

What

The foundation "Pfennigparade" offers jobs, trainings and work for disabled persons.

Where

Stiftung Pfennigparade,

Barlachstraße 24-36,

80804 München,

T +49 (0) 89 83934000,

E info@pfennigparade.de,

<https://www.pfennigparade.de/index.php> (in German)



INFORMATION AND SERVICE FOR DISABLED PERSON WHO WANT TO WORK

What

The Federal Employment Agency (Bundesagentur für Arbeit) provides service, financial support and information for disabled persons. The Federal Employment Agency provides incentives for hiring persons with severe disabilities and monitors compliance with the statutory obligation to employ persons with severe disabilities.

All rehabilitation providers must accept your application for benefits and services for rehabilitation and participation – a specific form is not required – and if necessary forward it to the agency responsible. The rehabilitation provider to which an application is forwarded must normally give you a final decision. Only in very exceptional cases can an application be forwarded a second time, and then only if the agency to which it is forwarded has stated that it will give a decision.

Where

Federal Employment Agency (Bundesagentur für Arbeit)
Kapuzinerstraße 26,
80337 München,
T +49 (0) 89 51540,
www.arbeitsagentur.de (German, English, French)

List of advisory bodies

INFORMATION SERVICE AT THE FEDERAL OFFICE FOR MIGRATION AND REFUGEES

What

This is the national information service of the Federal Office for Migration and Refugees. Here you will get answers to your questions about the Immigration Act, on the law on residence or on the topic of naturalisation. It cannot give you legal advice.



Where

Information Service: T +49 911 943-0, Monday to Friday 9 a.m. to 3 p.m.,
Or use the [online contact form](#) to submit your questions.

MIGRATION ADVICE SERVICE FOR ADULT IMMIGRANTS (MBE)

What

The MBE is a kind of social counselling for migrants in the Federal Republic of Germany to offer a network of individual counselling for adult newcomers. The executing advisers will support you from your first day in Germany and can advise you in relation to: learning German, school and work, housing, health, marriage, family and raising children. The advice is free of charge for you at all times.

Where

There are migration advice services in many towns and cities in Germany, carried out by different charitable organisations. Find the advice centres in your area at the website of Federal Office for Migration and Refugees:

http://www.bamf.de/SiteGlobals/Functions/WebGIS/EN/WebGIS_Migrationserstberatung.html `HTTP/Shell/Open/Command` by entering your location.

REGIONAL ADVICE OFFICE OF THE FEDERAL OFFICE FOR MIGRATION AND REFUGEES

What

The regional offices of the Federal Office for Migration and Refugees are responsible for the integration work on site and carry out migration tasks.

Where

You can also find your regional person of contact there.

Regional Advice Office of the Federal Office for Migration and Refugees

Weihenstephaner Straße 7,

81673 München,

T +49 (0) 89 62029 0,

E MUC-Posteingang@bamf.bund.de



MUNICH FOREIGNERS OFFICE (AUSLÄNDERBEHÖRDE)

What

The Foreigners Office (Ausländerbehörde) is your local point of contact in the City of Munich for all issues concerning registration and residence permit, visa applications, student visa and other questions on working and living in Munich. It also includes a service center for international professionals.

Where

Foreigners Office

City of Munich, Department of Public Order (Landeshauptstadt München
Kreisverwaltungsreferat Ausländerbehörde)

Ruppertstr. 19,

80337 München,

T +49 (0) 89/233-96010,

E auslaenderbehoerde.kvr@muenchen.de

https://www.muenchen.de/rathaus/home_en/Department-of-Public-Order/Foreigners-Office.html (English)

MIGRANT'S ADVISORY BOARD MUNICH (MIGRATIONSBEIRAT)

What

The migrant's advisory board represents the political interests of Munich citizens without a German passport. It advises and contributes to Munich's city policy on all questions about the foreign population in Munich.

Where

Migrant's Advisory Board Munich (Migrationsbeirat)

City of Munich (Landeshauptstadt München)

Burgstraße 4,

80331 München,

T +49 (0) 89 233-92454,

<http://www.migrationsbeirat-muenchen.de> (German)



Procedure for establishing civic associations

WHAT

There are many reasons to start a civic association and Germany is a country with a strong association culture. If you want to establish a civic association, you need to be aware of several requirements.

GOOD TO KNOW

As long as your association is not registered in the association register and therefor no legal entity you may not use the addition e.V. in the name of your association. e.V. is short for eingetragener Verein, which means registered association.

STEPS

Step 1: Find other people who want to join you in serving the common goal of you association. You need to be at least two to three founding people!

Step 2: Define the goal and the purpose you want to serve with your association. It is good to draft and sign a simple statute as a written agreement between the members which defines the most important framework conditions and rules.

Step 3: Acquire more fellow campaigners and get active!

Step 4: There is no statutory obligation to register your association in the association register. But as long as your association isn't registered, it doesn't have legal capacity and may not make profits. In order to establish a registered association, you need to:

- have at least seven founding members
- hold a constitutive meeting and write a protocol
- agree on a articles of association
- elect the executive board and define other roles in your association



-
- register your association in your local association register
-

WHERE

Responsible for the association register is your local court (Amtsgericht),
Amtsgericht München, Registergericht,
Infanteriestraße 5,
80325 München,
T +49 (89) 5597-06

Procedure for registering a religious organization

WHAT

Religious organisations can register as “Körperschaft öffentlichen Rechts”.

STEPS

Step 1: Choose a lawyer specialized in the subject.

Step 2: Make an appointment.

WHERE

Check the local yellow pages or find a lawyer on www.anwalt.de (in German)



List of recognized religious organizations in Germany

WHAT

List of registered religions in Bavaria is provided by the Federal Office of Interior.

WHERE

http://www.personenstandsrecht.de/PERS/DE/Themen/Informationen/Religionsgemeinschaften/religionsgemeinschaften_node.html (in German)

Active voting rights

ELECTIONS FOR MUNICIPAL AND CITY COUNCILS

What

The parties nominate candidates which are listed in the election material you will get at the vote. Elections in Germany are general, direct, free, equal and confidential.

Who and How

All men and women who are at least 18 years old and German citizens can vote as well as EU citizens: You will get the invitation for voting with date and place in time. If you can't go to vote you can apply for postal vote.



ELECTIONS FOR THE LAND GOVERNMENT

What

The ballot for the most Land Governments works like this: Each voter has two votes, a first vote and a second vote. Voters vote for a candidate from their constituency with their first vote. They cast their second vote for a party list. The second vote is more important as it decides the distribution of seats in the parliaments. The votes for municipal representatives are regulated by Land law. Elections in Germany are general, direct, free, equal and confidential.

Who and How

All men and women who are at least 18 years old and German citizens can vote: You will get the invitation (Wahlbenachrichtigung) for voting with date and place in time (3 weeks before). If you can't go to vote you can apply for postal vote.

ELECTIONS FOR THE BUNDESTAG (THE FEDERAL PARLIAMENT)

What

The ballot for the Bundestag works like this: Each voter has two votes, a first vote and a second vote. Voters vote for a candidate from their constituency with their first vote. They cast their second vote for a party list. The second vote is more important as it decides the distribution of seats in the parliaments. The votes for municipal representatives are regulated by Land law. Elections in Germany are general, direct, free, equal and confidential.

Who and How

All men and women who are at least 18 years old and German citizens can vote: You will get the invitation for voting with date and place in time. If you can't go to vote you can apply for postal vote.

ELECTIONS FOR THE EUROPEAN PARLIAMENT

What

Elections to the European Parliament take place every five years by universal adult



suffrage. It is directly elected.

Who and How

European Union citizens aged 18 or over on polling day resident in Germany, if they are resident in member states of the European Union for at least three months.

Additionally, German citizens aged 18 or over who have lived in Germany for at least three consecutive months within the last 25 years when they were at least aged 14.



Passive voting right

APPLICATION FOR ONE VOTING DISTRICT AND/OR BUNDESLAND

What

Recognised political Parties and eligible voters propose candidates. The written proposal has to be given to the responsible poll worker (Kreiswahlleiter) 66 days before the election. 58 days before they names will be published.

Who and How

All men and women who are German citizens can be elected provided that they are at least 18 years old.

APPLICATION FOR EU PARLIAMENT

What

Recognised political Parties and eligible voters propose candidates. The proposal lists for a Land and joint lists for all Länder have to be submitted in written form to the Federal Returning Officer (Bundeswahlleiter) on the 83rd day before the election.

Who and How

All men and women who are German citizens can be elected provided that they are at least 18 years old.

Equal treatment in Germany

WHAT

The Equal Treatment Act states that nobody should be in disadvantage due to



gender, age, ethnicity, religion or belief, sexual orientation or disability.

This principle of equal treatment applies to the different relationships citizens have in daily life including those happening in the job.

In Austria, the Equal Treatment Act regulates:

- Equal treatment at work
- Equal treatment in other areas (e.g. access to and supply of goods and services)
- Principles for equal treatment in areas of agriculture and forestry

This act also differentiates between direct and indirect discrimination. Direct discrimination occurs when a person experiences less favourable treatment due to their gender, age, ethnicity, religion, beliefs or sexual orientation, in comparison to another person in the same situation

Indirect discrimination occurs when the unequal treatment isn't manifest because of one of the abovementioned grounds of discrimination but because of what appears to be a neutral provision which may have adverse effects.

WHERE

If you think that you are suffering unequal treatment you can contact the Federal Anti-Discrimination Agency (FADA) (in English and German):

<http://www.antidiskriminierungsstelle.de/EN/>. They offer counselling free of charge.



Gender equality in European Union

WHAT

Equality between women and men is one of the European Union's founding values, being included in the Charter of Fundamental Rights of the European Union. It is expected that equality between women and men is included in all areas, including work, pay and education. Over the past few decades, the EU has notably worked for equal treatment legislation, integration of a gender perspective into all policies and specific measures for the advancement of women, defining the following areas as priorities:

- Equal economic independence for women and men
- Equal pay for work of equal value
- Equality in decision-making
- Dignity, integrity and ending gender-based violence
- Promoting gender equality beyond the EU.

The European Commission launched the Strategic Engagement for Gender Equality 2016-2019, in order to foster key actions that work on these the priorities. It pays specific attention to the role of men, dismantling gender stereotypes and promoting non-discriminatory gender roles. The Strategic Engagement also takes into account specific needs of groups facing multiple disadvantages, e.g. single parents and older, migrant, Roma and disabled women.



Basic civic principles in the EU

WHAT

The EU is organized as a representative democracy based on the following basic civic principles:

- Human dignity is inviolable and is the basis of fundamental rights;
- EU citizens have the right to freedom of movement to move and live freely within the EU;
- Respect for private life, freedom of thought, religion, assembly, expression and information are protected;
- Adult EU citizens have the right to stand as candidate and to vote in elections to the EU Parliament and in their country of residence or origin;
- All citizens are equal before the law and the EU is based on the rule of law;
- EU protects the right to be free of discrimination on the basis of sex, racial or ethnic origin, religion or belief, disability, age or sexual orientation, the right to the protection of your personal data, and the right to get access to justice.

There are three main institutions that are involved in creating and ensuring legislation that is based on these principles:

- The European Parliament, which represents the EU's citizens and is directly elected by them.
- the Council of the European Union, which represents the governments of the individual member countries.
- the European Commission, which represents the interests of the Union as a whole.

HOW

One way of influencing EU policies and laws is through elections to the European Parliament that take place every 5 years. You can vote or stand as a candidate if you are registered to vote, are 18 or over on the day of election, are EU citizens (that is hold a member state's citizenship), have been resident at an address in the



member state and are not legally excluded from voting.

GOOD TO KNOW

As an EU citizen living in another member state, you can stand as a candidate under the same conditions that apply to citizens of the country where you live. If citizens are required to have been living in the country for a certain period to be allowed to stand in EU elections, it will be the same for you.

In an European Parliament election, you can only vote and stand as a candidate in one country.

WHERE

You can register for voting at Office for voters' registration of Administrative Units (Bürgerbüros) in the place of your residence: For Munich this office can be found at the Department for Public Order (in German):

<https://www.muenchen.de/rathaus/Stadtverwaltung/Kreisverwaltungsreferat/Wahlen-und-Abstimmungen.html>

MÜNCHEN

Wahlamt in Munich (Office for Voting)

E wahlamt.kvr@muenchen.de

Landeshauptstadt München

Kreisverwaltungsreferat (KVR)

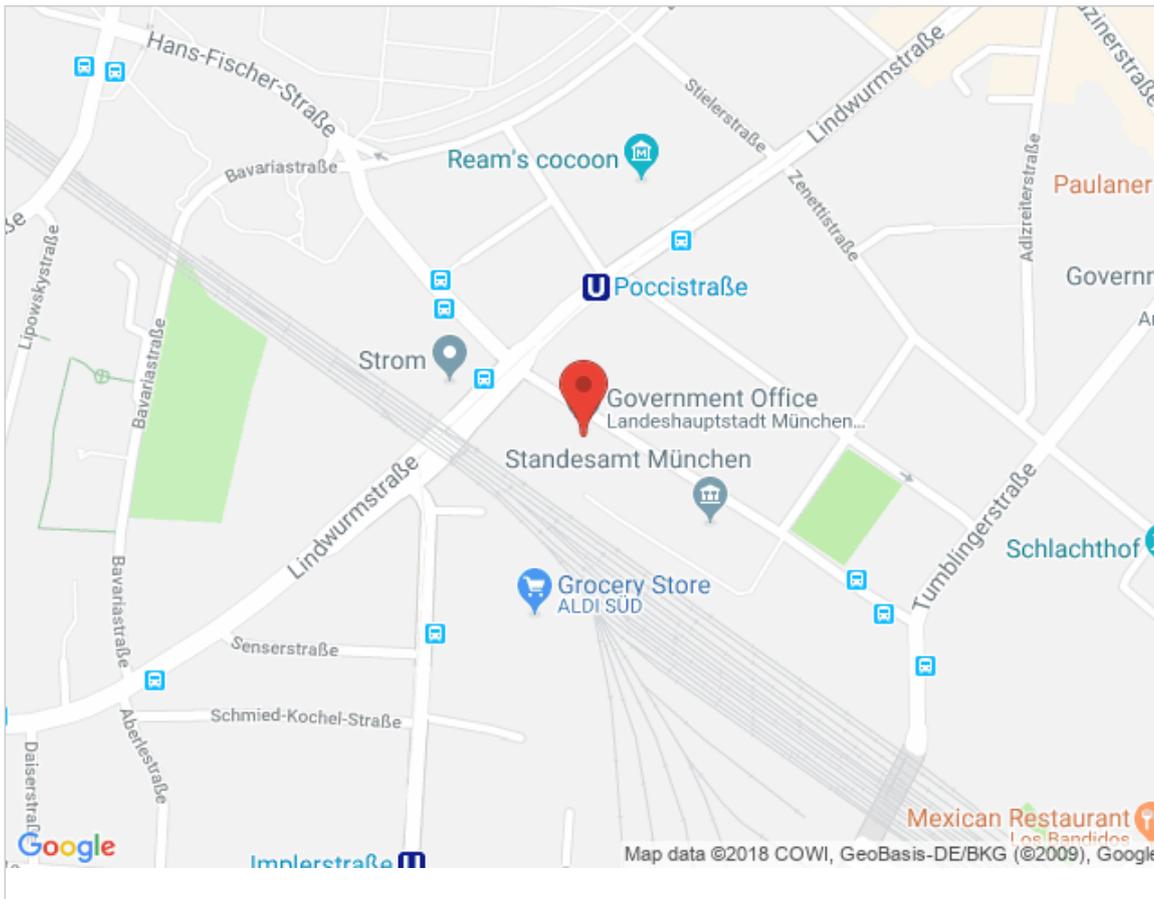
<http://www.wahlamt-muenchen.de/>

Geschäftsleitung

Wahlen und Abstimmungen

Ruppertstr. 19

80466 München



List of public holidays

WHAT

Public holidays in Germany differ from Bundesland to Bundesland and some of the dates change every year.

You can obtain a schedule of all public holidays for 2018:

<http://www.schulferien.org/deutschland/feiertage/2018/>

For an orientation, this is an overview of all public holidays in Bavaria for 2018:

- Neujahr (New Year's Day) Every year on 1st of January.
- Heilige Drei Könige (Epiphany) Every year on 6th of January.
- Karfreitag (Good Friday) Friday before Easter: 30.03.2018
- Ostermontag (Easter Monday) Monday after Easter: 02.04.2018



-
- Tag der Arbeit (Labour Day) Every year on 1st of May.
 - Christi Himmelfahrt (Ascension Day) 39 days after Easter: 10.05.2018 (it is always a Thursday)
 - Pfingstmontag (Whit Monday) 49 days after Easter: 21.05.2018
 - Fronleichnam (Corpus Christi) 59 days after Easter: 31.05.2018 (it is always a Thursday)
 - Maria Himmelfahrt (Assumption Day) Every year on 15th of August.
 - Tag der Deutschen Einheit It is the National holiday of Germany. Every year on the 3rd of October.
 - Allerheiligen (All Saints' Day) Every year on the 1st of November.
 - Erster Weihnachtsfeiertag First day after Christmas Eve, 25th of December.
 - Zweite Weihnachtsfeiertag Second day after Christmas Eve, 26th of December.



School Holidays

WHAT

School holidays in Germany differ from Bundesland to Bundesland and it changes every year.

You can obtain a schedule of all school holidays for 2017/2018:

<http://www.schulferien.org/Bayern/bayern.html>.

For an orientation, this is an overview of the school holidays in Bavaria for 2017/2018.

- AUTUMN HOLIDAYS 10/10/17 to 03/11/17
- CHRISTMAS HOLIDAYS 23/12/17 to 05/01/18
- WINTER HOLIDAYS 12/02/18 to 16/02/18
- EASTER HOLIDAYS 26/03/18 to 07/04/18
- WHITSUN HOLIDAYS 22/05/18 to 02/06/18
- SUMMER HOLIDAYS 30/07/18 to 10/09/18



Holidays services

VACATION PASS (MÜNCHER FERIENPASS)

What

The vacation pass is kind of a voucher booklet and offers many tips for exciting activities in and around Munich during school holidays at free or very discounted prices. Included are for example museums, swimming pools, cinema, theatre and more or one-day adventure trips.

Who and How

For children up to 14 years: 14€ (including free public transport). For children from 15 to 17 years: 10€. For all children between 6 and 17 years who want to spend their holidays in Munich and the surrounding area, also for children who do not live in Munich.

You can purchase the vacation pass online

(<https://www.muenchen.de/rathaus/Stadtverwaltung/Sozialreferat/Jugendamt/Ferienangebote/Ferienpass.html>) in German or at one of the various points of sale.

Then you just need to show the voucher to get the reduced price for the activities.

FAMILY PASS (MÜNCHNER FAMILIENPASS)

What

The Munich family pass offers discounts, vouchers, suggestions and exclusive offers to relieve families in their leisure activities, like discounts for restaurants, beer gardens or museums. The family pass is valid the all the year, from 01.01. until 31.12. and costs 6€ (2017).

Who and How

For all Munich families and for families from the districts of Dachau, Ebersberg, Freising, Munich and Starnberg. It is valid for two adults and not more than four children (up to the age of 17).

You can purchase the family pass online



(<https://www.muenchen.de/rathaus/Stadtverwaltung/Sozialreferat/Jugendamt/Ferienangebote/Familienpass.html>) or in one of the various points of sale.

CAMPS FOR CHILDREN (FERIENFREIZEIT)

What

The city of Munich offers camps between one and two weeks during the school holidays. There are many different options and destinations depending on the age and interests of your children. The camps include accommodation, catering and excursions. A reduction in the price of the participation is often possible.

Where

For all children and young people between 5 and 15 years who live in the urban area of Munich.

You can find the brochure with the holiday programme online or in the city information office and they are distributed in all schools in Munich. On the indicated day of sale, you can buy a reservation card from one of the pre-sales offices, and send the registration form to the city council.

Here:

<https://www.muenchen.de/rathaus/Stadtverwaltung/Sozialreferat/Jugendamt/Ferienangebote/Ferienaufenthalte.html>

LILALU EDUCATIONAL AND HOLIDAY PROGRAMME OF THE JOHANNITER

What

Lilalu offers full days workshops in all school holidays, where children and young people learn new skills in theatre, dance, music, circus, movement and sports. The workshops take three up to six days and end with a big show for the children's families.

There is a quota of discount tickets for families with low income. It's open for all children and young people from 4 to 13 years.

Where

After you and your child have chosen your favourite workshop you can register



your children directly on the [Lilalu website](#).

For information and help:

LILALU Bildungs- und Ferienprogramme,

Leonrodstr. 10,

80634 München,

T +49(0)89 800 000 60 18

HOLIDAY PROGRAMME „FERIEN EXTRA!“ BY KREISJUGENDRING MUNICH

What

“Ferien Extra!” is the holiday programme of the Kreisjugendring München-City (KJR). 16 KJR children’s and youth institutions together organise diverse activities during the whitsun and summer holidays free or for very low prices. Your children can participate in day trips, multi-day trips, sports and adventure offers or just come to play kicker, billiard or soccer, dance hip-hop or surf the Internet in one of the youth institutions. For girls and boys all over Munich.

Where

You can find more information or download the brochure with the actual holidays programme on the [website of the KJR](#) (in German).

List of social networks groups

WHAT

Social networks are a useful and fast way to communication all over Germany. You can contact many organisations and institutions through social networks.

The most common are Facebook, Instagram, Snapchat, LinkedIn, XING, Twitter, youtube, soundcloud.



List of support services and projects regarding housing

OFFICE FOR HOUSING AND MIGRATION (AMT FÜR WOHNEN UND MIGRATION)

WHAT

The City of Munich has a population of certain number of apartments, which are awarded through the Office for Housing and Migration, including social apartments. To be eligible for social housing you need to submit an application for subsidized flats. After the Office for Housing and Migration has confirmed your request you can register and search on the internet platform [SOWON](#) and apply for accommodation.

WHERE

Amt für Wohnen und Migration
Franziskanerstr. 8, 81669 München
E kundencenter-wohnen.soz@muenchen.de
P +49 (0)89 233 96820

SOCIAL WORK FACILITY SERVICE

WHAT

Your district's social work facility serves as a municipal provider of social services offered by the City of Munich. These services are available in social service facilities (Sozialbürgerhäuser) and in the central support facility for the homeless (Zentrale Wohnungslosenhilfe). The services are available to all citizens of Munich, regardless of their sex, cultural or social background, age, religion, world view, disability, sexual or gender identity. You will receive qualified and confidential counselling free of charge.

WO

In the Sozialbürgerhaus the various functions are organized by order of the



residential address. Finder:

<http://www.muenchen.de/dienstleistungsfinder/muenchen/1060763/t/>

CARITAS

WHAT

The Caritas is a welfare organization in Germany. Along other services it offers also counselling for migrants. Caritas supports migrants in finding housing in Munich, which may include:

Help with writing your application for social housing

Support with the flat search in various search portals

Language support between your landlord and you

WHERE

Caritas, Counselling centre for Migrants

Akademie der Nationen München

Lämmerstr. 3, 80335 München

P +49 (0)89 55169 831

MITBAUZENTRALE MÜNCHEN

WHAT

The Mitbauzentrale in Munich is a general contact point for everyone who is interested in getting involved in a housing cooperative. It has a good overview over the network of housing cooperatives and can provide you with information and counselling if you want to become a member.

WHERE

Mitbauzentrale münchen

Schwindstraße 1, 80798 München

P +49 (0)89 5793 89–50

E info@mitbauzentrale-muenchen.de



YOUTH INFORMATION CENTRE (JUGENDINFORMATIONSZENTRUM - JIZ) MÜNCHEN

WHAT

The Youth Information Centre in Munich offers counselling with information and tips about the room and apartment search in Munich for young people up to 26 years. The JIZ does not offer accommodation, but offers assistance with apartment search and has many addresses of dormitories.

WHERE

Jugendinformationszentrum München

Sendlinger Str. 7, 80331 München

P +49 (0)89 550 52150

Housing counselling for young people: Mondays 2-6 p.m.

REFUGEES WELCOME

WHAT

Platform for refugees who want to live in flatshares or houses instead of camps

WHERE

<http://www.refugees-welcome.net/> (in English)

PROJECT “APARTMENTS FOR REFUGEES”

WHAT

Help for refugees to find an apartment

WHERE

<http://www.kontaktstelle-wohnen.de/de/index.html> (in German)



DIAKONIE

WHAT

Diakonie is the social welfare organisation of Germany's Protestant churches. Diakonie provides aid to people in need of care, to people with disabilities or illness, to children and families, to immigrants and their families, to those struggling with addiction, and to those otherwise disadvantaged.

WHERE

Use the research engine to find the nearest office: (in English, German and French)
<https://hilfe.diakonie.de/>



List of support services and projects addressing persons with special needs

SOCIAL WELFARE

WHAT

Every person who needs help or care can get support in various hardships and life situations at the Department for Social Security.

WHERE

Landeshauptstadt München Sozialreferat
Amt für Soziale Sicherung
Orleansplatz 11, 81667 München

ACCOMMODATION ADJUSTMENT

WHAT

Help in adjusting the accommodation to special needs.

WHERE

Verein für Stadtteilarbeit e.V.
Beratungsstelle Wohnen
Aachener Straße 9, 80804 München
T +49 (0)89 3570 430

SERVICE OFFICES FOR HOME CARE AND NURSING

WHAT

Service offices provide professional home care.

WHERE



A list of all service offices you will find

<https://www.muenchen.de/rathaus/Stadtverwaltung/Sozialreferat/Sozialamt/Alter-und-Behinderung/Beratung-und-Hilfe.html> (in German)

EQUIPMENT FOR PEOPLE WITH SPECIAL NEEDS

WHAT

A lot of equipment for people with special needs is provided by health insurance.

WHERE

Your doctor will confirm your needs. Get in contact with your health insurance.



List of online resources regarding holidays and free time

MAKE IT IN GERMANY: LEISURE TIME FOR CHILDREN

WHAT

Possibilities for leisure activities with your children in Germany.

WHERE

<https://www.make-it-in-germany.com/en/for-qualified-professionals/living/bringing-your-family-to-join-you-in-germany>

MEIN WEG NACH DEUTSCHLAND

WHAT

Leisure – For migrants with a visa

WHERE

(in English, in German): <http://www.goethe.de/lrn/prj/wnd/idl/fre/enindex.htm>



List of online resources regarding housing

MAKE IT GERMANY

What

Information on housing

Where

<http://www.make-it-in-germany.com/en/for-qualified-professionals/living/housing>

FEDERAL OFFICE FOR MIGRATION AND REFUGEES

What

Information on living

Where

<http://www.bamf.de/EN/Willkommen/Wohnen/wohnen-node.html>

FRESH START FOR ASYLUM SEEKERS IN GERMANY

What

Information where asylum seekers can find out all they need to know about asylum procedure, labour-market access, recognition of qualifications and assistance in Germany by the Federal Ministry of Labour and Social Affairs.

Where

(In English, in German):

<http://www.bmas.de/EN/Our-Topics/Fresh-start-in-germany/fresh-start-in-germany.html>



GERMANY GUIDE FOR REFUGEES

What

Information for asylum seekers on housing

Where

<http://www.dw.com/en/finding-accommodation-in-germany/a-18723396>



List of support services and projects regarding social support

SOCIAL BENEFIT (SOZIALHILFE)

WHAT

Financial help for people in financial bad circumstances.

WHERE

City of Munich, Department of Social Security
Orleansplatz 11, 81667 München

UNEMPLOYMENT BENEFIT AND UNEMPLOYMENT BENEFIT II

WHAT

Financial support for people who are unemployed, have completed the qualifying period and registered as unemployed.

WHERE

Agentur für Arbeit München
Kapuzinerstraße 26, 80337 München
T +49 (0)800 4 5555 00 (Employees)
F +49 (0)89 5154 6669

DIAKONIA

WHAT

The staff of the Church social work (Kirchliche Allgemeine Sozialarbeit, short KASA) offer fast and flexible counselling, help and support people in difficult circumstances.



WHERE

Seidlstraße 4, 80335 München

T (KASA): +49 (0)89 1215 95-73

<http://diakonia.de/beraten-kasa> (in German)

DIAKONIA CLOTHING CHAMBERS (KLEIDERKAMMERN)

WHAT

In the clothing chambers people can donate clothes and other things and persons in need can get this for free.

WHERE

Kleiderkammer Mitte:

Seidlstraße 4, 2. Stock, 80331 München

Kleiderkammer Ost:

Am Stahlgruberring 8, 81829 München

GERMAN RED CROSS (DEUTSCHES ROTES KREUZ, SHORT DRK)

WHAT

The DRK supplies people with well-preserved clothing and many other goods to the basic material supply and runs clothing chambers all over Germany.

WHERE

Clothing chambers in Munich of the Bavarian Red Cross (BRK):

Kleiderlager Allach

Elly-Staegmeyer-Str. 11, 80999 München

Kleiderkammer Solln

Drygalski Allee 118, 81477 München-Solln



GREEN CITY E.V.

WHAT

The cultural association in Munich organises regular clothing meet swaps (Kleidertauschparties).

WHERE

You can find the dates for upcoming on their [website](#) or on [Facebook](#).

BELLEVUE DI MONACO

WHAT

It is a residential and cultural centre for migrants and interested Munich citizens.

WHERE

Bellevue di Monaco
Müllerstraße 2, 80469 München
T +49 (0)89 550 5775-0
E info@bellevuedimonaco.de

TAFEL E.V.

WHAT

It is a charitable association which collects donations and surplus food and distributes it to socially disadvantaged people mostly free of charge.

WHERE

Münchner Tafel e.V.
Schäftlarnstr. 10, 81371 München
T +49 (0)89 29 2250
E info@muenchner-tafel.de



SERVICE OFFICE OF THE DEPARTMENT OF SOCIAL SECURITY

WHAT

Help and support for people who need legal aid.

WHERE

Betreuungs-Stelle der Stadt München
Mathildenstr. 3 a, 80336 München
T +49 (0)89 2332 6255

SOCIAL TOWNHOUSES (SOZIALBÜRGERHÄUSER)

WHAT

In every Munich social townhouse there are offered many social services for the citizens' orientation.

WHERE

Which Sozialbürgerhaus is responsible for you depends on your residential address and you can find it on the [internet platform](#).

DEPARTMENT OF HEALTH AND ENVIRONMENT (REFERAT FÜR GESUNDHEIT UND UMWELT) IN THE CITY OF MUNICH

WHAT

It is committed to the health promotion of migrants and provides counselling and psychosocial support to migrants.

WHERE

Referat für Gesundheit und Umwelt
Fachstelle Migration und Gesundheit
Bayerstr. 28 a, 80335 München
T +49 (0 89 2339 6300



ADDICTION COUNSELLING OF THE CITY OF MUNICH

WHAT

Counselling centres of the city of Munich for all problems regarding any kind of addiction.

WHERE

Referat für Gesundheit und Umwelt
SG Suchtberatung
Paul-Heyse-Straße 20, 80336 München

CARITAS PSYCHOLOGICAL SERVICE FOR MIGRANTS

WHAT

Counselling and therapy for migrants in their mother tongue, especially social psychiatric counselling / Life counselling

WHERE

Psychologischer Dienst für Ausländer
Bayerstraße 73, 80335 München
T +49 (0)89 231 1490
E pda@caritasmuenchen.de

NATIONALLY RECOGNIZED COUNSELLING CENTRE FOR PREGNANCY QUESTIONS (SCHWANGERENBERATUNGSSTELLE)

WHAT

Counselling around pregnancy and childbirth, help for crises and problems during pregnancy.

WHERE

Referat für Gesundheit und Umwelt
Schwangerenberatung



Bayerstr. 28a, 80335 München
T +49 (0)89 233 47871

WORKERS' WELFARE FEDERAL ASSOCIATION (ARBEITERWOHLFAHRT, SHORT AWO)

WAS

Psychosocial service for children, adolescents and adults, couples and families with a migration background in their mother tongue.

WHERE

Psychologischer Dienst
Goethestr. 53, 80336 München
T +49 (0)89 5442 4753
E psych.migration@awo-muenchen.de

PRO FAMILIA

WHAT

Help and advice on the topics of sexuality and relationship, pregnancy and family planning as well as children and education.

WHERE

Counselling Centre Munich
Türkenstr. 103, 80799 München
T +49 (0)89 330 0840

WOMEN'S AID MUNICH (FRAUENHILFE)

WHAT

A 24/7 helpline for violence against women.

WHERE



T +49 (0)89 35 4830

YOUNG REFUGEE CENTRE

WHAT

For unaccompanied minors who need special support and aid.

WHERE

Young Refugee Centre

Marsstraße 19, 80335 München



List of online resources regarding social support

INFORMATION FOR REFUGEES AND ASYLUM SEEKERS

WHAT

Information material (texts, brochures, films) about the German legal system especially for refugees and asylum seekers.

WHERE

<https://www.justiz.bayern.de/service/fluechtlinge-asylbewerber/englisch/> (in English, German, French)

FRESH START FOR ASYLUM SEEKERS IN GERMANY

WHAT

Information where asylum seekers can find out all they need to know about asylum procedure, labour-market access, recognition of qualifications and assistance in Germany by the Federal Ministry of Labour and Social Affairs.

WHERE

(in English, in German):

<http://www.bmas.de/EN/Our-Topics/Fresh-start-in-germany/fresh-start-in-germany.html>

EUROPEAN E-JUSTICE PORTAL

WHAT

The European e-Justice Portal is conceived as a future electronic one-stop-shop in the area of justice.



As a first step it strives to make your life easier by providing information on justice systems and improving access to justice throughout the EU, in 23 languages.

WHERE

<https://e-justice.europa.eu/home.do?action=home&plang=en>



List of support services and projects regarding driving and transport

REGIONAL ADMINISTRATIVE OFFICE (KREISVERWALTUNGSREFERAT)

WHAT

Help with the validity of international and foreign driving licences, the vehicle registration and the driving license in general.

WHERE

Kreisverwaltungsreferat (KVR)
Straßenverkehr Kraftfahrzeugzulassungs- und Fahrerlaubnisbehörde
Eichstätter Straße 2, 80686 München
T +49 (0)89 233 96090

TÜV SÜD

WHAT

Service centres for the technical examination.

WHERE

You can find the service centre closest to you at the [website of TÜV Süd](#).

DEUTSCHE BAHN

WHAT

The Deutsche Bahn operates the train and suburban trains in and around Munich. It also runs city bikes in Munich and all over Germany.

WHERE

Detailed information about the rail network and schedules and on the website (in



German) of the Deutsche Bahn.

DB Bike (Call a bike):

https://www.bahn.de/p/view/service/fahrrad/call_a_bike.shtml# (in German)

MUNICH TRANSPORT COMPANY (MVG = MÜNCHNER VERKEHRSGESELLSCHAFT)

WHAT

The MVG operates the underground, bus and tram system in Munich. It also runs city bikes in Munich.

WHERE

Detailed information about the rail network and schedules and on the [website](#) of the MVG. MVG Bike: <https://www.mvg.de/services/mobile-services/mvg-rad.html> (in German)



List of online resources regarding driving and transport

DEUTSCHE BAHN

WHAT

The Deutsche Bahn operates the train and suburban trains. It also runs city bikes all over Germany.

WHERE

Detailed information about the rail network and schedules and on the [website](#) (in German) of the Deutsche Bahn.

MAKE IT IN GERMANY

WHAT

The sections explains how to travel in Germany and abroad using your preferred means of transport.

WHERE

<http://www.make-it-in-germany.com/en/for-qualified-professionals/living/mobility>

MEIN WEG NACH DEUTSCHLAND

WHAT

Information on Travelling around town

WHERE

(in English, in German): <http://www.goethe.de/lrn/prj/wnd/idl/uwg/enindex.htm>





List of online resources regarding persons with special needs

WHEELMAP

WHAT

Find wheelchair accessible places

WHERE

www.wheelmap.org

PARTICIPATION OF PERSONS WITH DISABILITIES

WHAT

Information about rights and benefits

WHERE

(in English, in German):

<http://www.bmas.de/EN/Our-Topics/Participation-of-Persons-with-Disabilities/participation-of-persons-with-disabilities.html>



List of support services and projects regarding participating in society

INFORMATION SERVICE AT THE FEDERAL OFFICE FOR MIGRATION AND REFUGEES

WHAT

Information service at the Federal Office for Migration and Refugees

WHERE

National information service of the Federal Office for Migration and Refugees.
T +49 911 943-0 (Monday to Friday 9 a.m. to 3 p.m.), or use the [online contact form](#)
to submit your questions.

MIGRATION ADVICE SERVICE FOR ADULT IMMIGRANTS (MBE)

WHAT

Social counselling for migrants in the Federal Republic of Germany.

WHERE

Find the advice centres in your area at the [website of the Federal Office for Migration and Refugees](#) by entering your location.

REGIONAL ADVICE OFFICE OF THE FEDERAL OFFICE FOR MIGRATION AND REFUGEES

WHAT

Here you will find your regional person of contact for all information regarding
integration and migration tasks.

WHERE



Weihenstephaner Straße 7, 81673 München
T +49 (0)89 62029 0
E MUC-Posteingang@bamf.bund.de

MUNICH FOREIGNERS OFFICE (AUSLÄNDERBEHÖRDE)

WHAT

Your local point of contact in the City of Munich for all questions on working and living in Munich

WHERE

Ausländerbehörde
Ruppertstr. 19, 80337 München
T +49 (0)89 233 96010

MIGRANT'S ADVISORY BOARD MUNICH (MIGRATIONSBEIRAT)

WHAT

It represents the political interests of Munich citizens without a German passport.

WHERE

Migrationsbeirats
Burgstraße 4, 80331 München
T +49 (0)89 233 92454

LOCAL COURT MUNICH (AMTSGERICHT)

WHAT

To register civic associations.

WHERE

Amtsgericht München, Registergericht



Infanteriestraße 5, 80325 München
T +49 (0)89 5597-06



List of online resources regarding participating in society

ACTIVE CITIZENSHIP & COMMUNITIES

WHAT

Information on how to get involved in active citizenship in Germany.

WHERE

<http://www.make-it-in-germany.com/en/for-qualified-professionals/living/active-citizenship-communities>

WELCOME TO GERMANY: LIFE IN GERMANY

WHAT

Information on how to get involved in active citizenship in Germany.

WHERE

<http://www.bamf.de/EN/Willkommen/LebenInDeutschland/lebenindeutschland-node.html>



List of support services and projects regarding holidays and free time

VACATION PASS (MÜNCHER FERIEPASS)

WHAT

The vacation pass is kind of a voucher booklet and offers many tips for exciting activities in and around Munich during school holidays at free or very discounted prices. Included are for example museums, swimming pools, cinema, theatre and more or one-day adventure trips.

For children up to 14 years: 14€ (including free public transport). For children from 15 to 17 years: 10€. For all children between 6 and 17 years who want to spend their holidays in Munich and the surrounding area, also for children who do not live in Munich.

HOW

You can purchase the vacation pass [online](#) or at one of the various [points of sale](#). Then you just need to show the voucher to get the reduced price for the activities.

FAMILY PASS (MÜNCHNER FAMILIENPASS)

WHAT

The Munich family pass offers discounts, vouchers, suggestions and exclusive offers to relieve families in their leisure activities, like discounts for restaurants, beer gardens or museums. The family pass is valid the all the year, from 01.01. until 31.12. and costs 6€.

For all Munich families and for families from the districts of Dachau, Ebersberg, Freising, Munich and Starnberg. It is valid for two adults and not more than four children (up to the age of 17).



WHERE

You can purchase the family pass [online](#) or in one of the various [points of sale](#).

CAMPS FOR CHILDREN

WHAT

The city of Munich offers camps between one and two weeks during the school holidays. There are many different options and destinations depending on the age and interests of your children. The camps include accommodation, catering and excursions. A reduction in the price of the participation is often possible.

For all children and young people between 5 and 15 years who live in the urban area of Munich.

WHERE

You can find the brochure with the holiday programme online or in the city information office and they are distributed in all schools in Munich. On the indicated day of sale, you can buy a reservation card from one of the pre-sales offices, and send the registration form to the city council.

LILALU EDUCATIONAL AND HOLIDAY PROGRAMME OF THE JOHANNITER

WHAT

Lilalu offers fulldays workshops in all school holidays, where children and young people learn new skills in theater, dance, music, circus, movement and sports. The workshops take three up to six days and end with a big show for the children's families.

There is a quota of discount tickets for families with low income.

It's open for all children and young people from 4 to 13 years.



WHERE

After you and your child have chosen your favourite workshop you can register your children directly on the Lilalu [website](#).

For information and help: LILALU Bildungs- und Ferienprogramme

Leonrodstr. 10, 80634 München

P +49(0)89 800 000 60 18

„FERIEN EXTRA!“KREISJUGENDRING MUNICH

WHAT

“Ferien Extra!” is the holiday programme of the Kreisjugendring München-City (KJR). 16 KJR children’s and youth institutions together organise diverse activities during the whitsun and summer holidays free or for very low prices. Your children can participate in day trips, multi-day trips, sports and adventure offers or just come to play kicker, billiard or soccer, dance hip-hop or surf the Internet in one of the youth institutions. For girls and boys all over Munich.

WHERE

You can find more information or download the brochure with the actual holidays programme on the website of the [KJR](#).
